

JSS Academy of Higher Education & Research

(Deemed to be University)

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	Campaigns		6	
	10) Awareness campaigns on VISAKA		34	
	11) International YOGA day campaign.		106	
	12) Special Campaign to combat Malnutrition		01	
	13) National Youth Week		12	
	14) De-addiction Camps		01	
	15) World Population Day		01	
	16) World Malaria Day		01	
	17) World No-Tobacco day		01	
	18) World Earth Day		01	
	19) World Health Day		01	
	20) Republic Day		01	
	21) Independence Day		01	
	22) Kannada Rajyothsava Day		01	
	23) NSS Day		01	
	24) World Breastfeeding Week.		01	
	25) World Rabies Day		01	
	26) Swachhta Pakhwada		07	
Total				12,13,800/-

Detailed narrative report of each programme, Scanned copies of the News Paper report(s) and action photos

World No Tobacco Day

NSS Unit of JSS Medical College in collaboration with Department of Community Medicine, JSS Medical College have organized World No Tobacco Day on 31st of May 2017. On this occasion an awareness rally was organized in Bannimantap area by involving school children from Government Higher Primary School, Bannimantap and Medical Students. Rally began with a brief remark on the importance of No Tobacco Day by Dr Praveen Kulkarni, Assistant Professor in the Department of Community Medicine, JSS Medical College, where he mentioned the health problems associated with long term tobacco consumption. This was followed by an awareness rally where school children enthusiastically participated by shouting anti-tobacco slogans and showing placards. The rally ended with concluding remarks by Mr. Nagendra, Medico-Social Worker, Department of Community Medicine on how to quit tobacco.





Celebration of International day of Yoga

The world day of yoga was celebrated at Jagadguru Sri Shivarathreeshwara University, Mysuru on 21st June 2017 in a befitting and meaningful manner by the constituent colleges and departments. The program was started in afternoon 2PM. The invocation song was sung by Miss Preethi 6th term MBBS student. Sri Lokeshappa, PCD welcomed the dignitaries. Dr Sunil Kumar D, NSS Programme officer introduced the chief guest Yogacharya Dr Seetharam AR, a renowned yoga guru of Mysore.

Inauguration of the workshop was made by lighting the lamp. Dr Manjunatha B. Registrar, Principals of the constituent colleges of Jagadguru Sri Shivarathreeshwara University, NSS programme coordinator and programme officer were present in the function.

Yogacharya Dr Seetharam AR delivered a lecture on benefits of yoga. Yoga is useful to overcome the stress in today's busy lifestyle. Yoga is an invaluable gift of Indian tradition. It embodies unity of mind and body, thought and action, harmony between man and nature. He also mentioned that the yoga will bring all the religions together which can bring peace and harmony in the society.

Training workshop on yoga was also organised after the lecture. More than 300 members including teaching and non-teaching faculties and NSS Volunteers participated in the programme. The following yogasanas were organised in the workshop- Utkatasana, Trikonasana, Padottanasana, Bhujangasana, Shalabhasana, Dhanurasana, Baddha konasana, Paschimottanasana, Poorrottanasana, Pawanamukhtasana, Sarvangasana, Halasana, Matyasana, Vajrasana, Shashankasana, Supta Vajrasana, Ushtrasana, Padmasana, Yoga mudrasana, Makarasana and Shavasana. All asanas were demonstrated by Miss Srilatha yoga demonstrator.

This was followed by Music therapy by Dr Geetha Seetharam which rejuvenated all the participants in the auditorium. With all these all the participants were enlightened with the specialised skills like stress management, yoga therapy and meditation, personality development, counselling, enrichment of life skills and values. Dr Chandrashekar Hod of Community Dentistry proposed vote of thanks.



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Seed Ball Sowing Program

NSS Unit of JSS University has started the concept of Grow Green Abhiyana. As a part of this program today about 70 NSS volunteers/Officers of JSS Medical, Dental, Pharmacy and Life science were participated in the Seed Ball Sowing program at Muthathi forest, Malavalli Tq, Mandya Dt. About 4 lakhs Seed Ball were sowed across the forest. The program was jointly organized by NSS Unit of JSS University, Mysuru, NSS Unit of Maharani College Mysuru and Ruksha Ropana organization, Halaguru Malavalli Tq. Mandya Dt. Mr. Praveenkumar Forest Officer, Muthathi Forest range was helped for smooth conduction of the Program. The program was coordinated by Dr. K L Krishna, NSS Program Coordinated, JSS University, Dr. Sunil Kumar, Dr. Gowray, Dr. Raghu Ram Achar, NSS Program Officer, Dr. H.V. Gangadharappa, Dr. M P Venkatesh, Mr. Hemanth, Staff JSS College of Pharmacy, Mysuru. Smt. Manonmani, Dr. Jagadish, NSS Program Officer, Maharani College, Mysuru were also participated.



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ಮುತ್ತತ್ತಿ ಅರಣ್ಯ ಪ್ರದೇಶದಲ್ಲಿ 4 ಲಕ್ಷಕ್ಕೂ ಅಧಿಕ ಬೀಜದ ಉಂಡೆಗಳ ಬಿತ್ತನೆ

Swachhta Pakhwada at JSS Medical College

The NSS unit of JSS Medical College has observed the Swachhta Pakhwada program. The program was started by the formal function at Sri Rajendra auditorium, JSSMC. Dr Vijaya welcomed the gathering, Dr Balaraj BM vice principal delivered the key note address and the importance of the event, that how each one in the country can contribute to the society just by starting the cleaning initiative from small scale to large scale. Dr Basavangowdappa H principal addressed all faculties teaching, non teaching and students, asked all to take the Swachhta Pledge. More than 600 faculties and students took the swachhta pledge. Dr Deepa Bhat delivered vote of thanks. Dr Sunil Kumar D NSS Officer and Dr Bharath T coordinated the whole event. All the head of the departments, faculties and students were present.

This fortnight in observance of Swachhta Pakhwada program the cleaning activities in the hostels, academic building and administrative buildings of the college has been done. The display boards carrying the cleanliness messages were put up across all the bathroom areas. The Swachhta Pledge board was displayed in all major corridors, near lift entrance and in the hostel

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mess. In brief this program has reignited the cleanliness drive in the citizens and NSS volunteers also.



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Rally for Rivers

The NSS Volunteers of JSS Medical College participated in the Rally for Rivers. Saving Our Rivers. The simplest solution to rejuvenate India's rivers is to maintain a minimum of one kilometer tree cover on riversides. Forest trees can be planted on government land and tree-based agriculture brought in on farm land. This will ensure our rivers are fed throughout the year by the moist soil. We made a rally from Columbia Asia Hospital to LIC Circle of Mysuru. Our volunteers motivate people to give miss call to save our rivers and take pledge.



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Adventure Camp - General Thimmaiah Rashtreeya Sahasa Academy

JSS University has deputed NSS Volunteers for Adventure Camp organized by General Thimmaiah Rashtreeya Sahasa Academy. Six NSS Volunteers were selected from JSS Medical and Pharmacy College. This camp was held in T. Shettygere, Gonikoppa, Karnataka. There were two slots, one from 28th August to 30th August and second from 31st August to 2nd September. On the first day of the camp, volunteers learnt how to set up a tent with the limited materials available and how to protect yourself from the forces of nature while you are camping. After that how to tie different types of knots like Overhand knot, Reef knot, Figure of eight etc. Rope knots are something that can be extremely useful during camping. Understanding how to use the right knots can make carrying your gear a little easier at a minimum, and could even save your life.

Next morning the 'Shramadaan'. volunteers cleaned the surroundings, pulled the weeds out, made roads clearer and cleaner. With no frills, no fuss, these tasks are taken up and worked upon. Next part was training on how to row and raft in the thunderous Kithu Kakathu (Barapole) river. The training consisted of learning how to hold and row the paddle, how to rescue others and yourself in case of falling into the river and following the instructions of the guide. In the midafternoon, Volunteers set out with our inflatable boats, life jackets, paddles and with a mind full of enthusiasm. There were six volunteers and one guide in one raft.



Free Health Checkup Camp at Mandi Mohalla, Mysuru, Karnataka''

The health checkup programme was organized on the occasion of Kannada Rajyothsava by the auto rickshaw association of Mandi Mohalla on 27/11/17 which was started at around 10:30am soon after the inauguration and flag hoisting by the Chief guest Dr. Manjunath, Orthopedician.

Dr. Sunil kumar, Associate Professor, Dr. Nagendra, Medico social worker, Dr. Amoghashree, Dr. Meghana Narendran and Dr. Prathyusha.K Postgraduates in Community Medicine, interns from JSS Medical college and Ophthalmology team from K.R.Hospital were present for the camp.

General health checkup was done for auto drivers and their family members and people of Mandi Mohalla. Around 300 people attended for General Health checkup. Free drugs were dispensed. Main complaints among the participants were related to Non communicable diseases like Hypertension and Diabetes mellitus, Fever, Respiratory tract infection and Knee pain and were treated symptomatically.

All the individuals were screened for hypertension and diabetes mellitus, among them 51(17%) were hypertensive and 42(14%) were diabetic. Follow up was done for the known cases. Patients with altered findings and poor adherence to the old treatment were referred to higher centers for further need.

Complaints regarding vision and other ophthalmic complaints were screened and treated by ophthalmologist from K.R. Hospital.

Under the help of Secretary, Lions Club, Mysuru and auto drivers association the program was successfully conducted.

Inauguration



Health Checkup



Health Checkup



Drug Dispensing



JSS Dental College & Hospital, Mysuru**NSS regular activities from April 2017 to March 2018**

Sl No	Date	Duration of session in Hrs	No. Volunteers attended	Nature and quantum of work
01	12-06-17	08	50	International yoga day organized by govt
02	12-06-17	03	25	International yoga day organized by JSSU
03	16-06-17	06	10	Sapling of seed ball in muthathi forest
04	1-08-17 to 15-08-17	25	100	Observation of swatchath pakawade ,govt of india
05	1-9-17	05	50	Rally for river
06	1-09-17 to 15-09-17	50	100	Swatchatha pakawad,UGC
07	2-11-17	01	10	Vigilance awareness week
08	18-04-17	03	25	Digital payment awareness
09	3-9-17 to 5-9-17	16	02	Adventures camp
10	7-10-17	06	50	NSS day celebration
11	09-02-18	04	50	Preparation for the special camp organized from 12 to 18 Feb 2017
12	10-02-13	03	100	Preparation for the special camp organized from 12 th to 18Feb 2013

JSS College of Pharmacy, Mysuru**NSS regular activities from 1st April 2017 to 31st March 2018**

Sl. No	Date	Duration of session in Hrs	No. Volunteers attended	Nature and quantum of work
1.	21-06-2017	03	100	National Service Scheme (NSS) of JSS University, Mysuru along with the constituent colleges and Mysore city corporation celebrated international Yoga day in the premises of Mysore Race Club in morning and JSS Medical College in afternoon.
2.	16-07-2017	04	70	National Service Scheme (NSS) of JSS University, Mysuru along with the constituent colleges organized GROW GREEN Initiative. About 4 Lakh Seed Balls were sowed in the Muthathi Forest, Malavalli Tq, Mandya on 16 th July 2017.
3.	12-08-2017	02	100	JSS College of Pharmacy, Mysuru had organized alumni meet. Dr T.M. Pramod Kumar, Principal, JSSCP, Mysuru along with the alumna, NSS unit JSSCP had planted about 50 saplings in the premises of the college as a mark of the alumni meet..
4.	14-08-2017	06	100	Preparation for Independence day celebration . Independence Day (Stage setting, flag and pole, making, Rangoli, keeping pots of different flowers and plant, chairs and bench arrangement etc.)
5.	01-08-2017 to 15-08-2017	10	100	JSS University along with the constituent colleges and NSS units celebrated Observance of Swaccha Pakawara Programme from 1 st to 15 th August 2017.
6.	15-08-2017	02	100	Independence Day was celebrated in JSS Medical College Campus, Mysore. All the NSS Volunteers participated in the celebration of Independence Day.

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7.	01-09-2017 To 15-09-2017	10	100	JSS University along with the constituent colleges and NSS units celebrated Observance of Swacchta Pakawara Programme from 1 st to 15 th September 2017.
8.	06-10-2017	04	50	JSS Academy of Higher education and research along with NSS units of the constituent Colleges had organized blood donation camp on 06-10-2017 on the occasion of 102 nd Jayanthi Mahotsava celebrations of His Holiness Jagadguru Dr. Sri Shivarathri Rajendra Mahaswamiji. About 78 units of blood were collected.
9.	07-10-2017	02	100	Jagadguru Sri Shivarathreeshwara University in association with constituent colleges (Medical, Dental, Pharmacy and Life Sciences) had organised rally on Hand sanitation to create awareness among the public to maintain good hygiene practices. About 350 students participated in the rally and sensitized the public.
10.	25-11-2017	02	05	JSS College of Pharmacy, Mysuru staff Dr K.L. Krishna and Dr M.P. Gowrav along with JSS College of Pharmacy, Ooty staff Dr. K.P. Arun and Dr. Ashish had visited the waste segregation unit at Kumarakoppalu, Metagalli, Mysuru along with assistant engineer of JSSMVP, Mysuru to see the zero waste management treatment and to incorporate in our college premises.
11.	05-12-2017	01	50	JSS College of Pharmacy, Mysuru in association with the NSS Unit had organised a awareness talk on waste segregation and zero waste management by Mr. Mohan Siddi, Representative, WOW (Wellbeing out of waste) an Corporate Social Responsibility initiative by ITC Ltd.
12.	07-12-2017	01	80	As a part of the 56 th National Pharmacy Week Celebrations, JSS College of Pharmacy, Mysuru in association with Indian Pharmaceutical Association (IPA), Mysuru Branch, NACO and NSS Unit had

				organized a Blood Donation Camp on 7 th December 2017 in the premises of JSS College of Pharmacy, Mysuru.
13.	26-01-2018	04	110	Participated in the celebration of Republic Day

NSS Regular activities

Day & Date	Name of the programme	Place/Venue	Remarks/ Number of beneficiaries	Approximate Outcome in Rs.
01-09-2017 to 15-09-2017	Swacchta Pakawara Program	S.S.Nagara	120	10,000.00
06-10-2017	Blood donation camp	JSS College of Pharmacy, Mysore	78 units of blood was collected	75,000.00
07-12-2017	Blood donation camp	JSS College of Pharmacy, Mysore	51 units of blood was collected	50,000.00
Total			44	1,35,000.00

Detailed Narrative Report of Each Programme, Scanned Copies of the News Paper Report(S) and Action Photos

Description of activities:

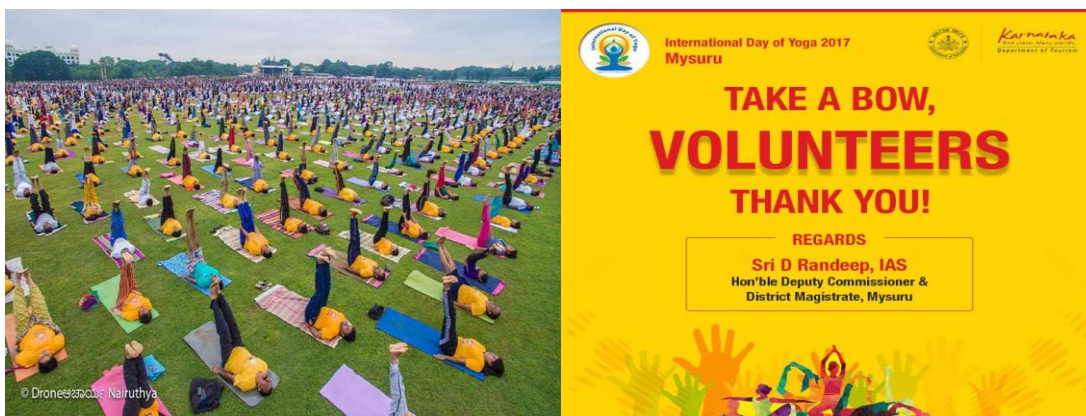
1. International Yoga Day Report JSS University

National Service Scheme (NSS) of JSS University, Mysuru along with the constituent colleges celebrated international Yoga day on 21st June 2017 in the premises of Mysore Race Club in view to support the Government of Karnataka to enter into the guiness book of records for the highest number of participants performing yoga in Mysuru city. But unfortunately Mysuru stood second with 54101 participants but we kept our spirits high for next year to enter into the guiness book of records. The function was inaugurated by cabinet ministers Dr H.C. Mahadevappa, Mr. Tanveer Sait and Members of Legislative Assembly of the Mysuru Constituency and many other dignitaries.

Again in the afternoon, National Service Scheme (NSS) of JSS University, Mysuru along with the constituent colleges celebrated international Yoga day on 21st June 2017 in the premises of JSS Medical College, Mysuru at 2:00 P.M.

Dr. B. Manjunatha, Registrar, JSS University, Dr.H. Basavanagowdappa, Principal, JSSMC, Dr. Anil Kumar, Principal, JSS Dental College and Hospital, Dr. T.M. Pramod Kumar, Principal, JSSCP, Mysuru were the guests present in the function.

Yoga guru Dr. Seetharam, Mysuru demonstrated and taught the various ASANAS of yoga. About 100 faculty members of JSS University participated and learnt the various asanas.





2. Sapling of seed balls

National Service Scheme (NSS) of JSS University, Mysuru along with the constituent colleges organized **GROW GREEN** Initiative. About 4 Lakh Seed Balls were sowed in the Muthathi Forest, Malavalli Tq, Mandya on 16th July 2017. About 70 NSS Volunteers Officers/Staff of JSS Medical, Dental, Pharmacy and Life Sciences participated. The program was jointly organized by Ruksha Ropana, an voluntary organization who developed this concept.



3. Sapling of Plants on alumni day

JSS College of Pharmacy, Mysuru had organized alumni meet on 12th August 2017. Dr T.M. Pramod Kumar, Principal, JSSCP, Mysuru along with the alumnus, NSS unit JSSCP had planted about 50 saplings in the premises of the college as a mark of the alumni meet.



4. 71st Independence Day celebrations

JSS University along with the constituent colleges and NSS units celebrated the 71st Independence Day in the JSS Medical institutions campus. Registrar, Principals of the constituent colleges delivered talk on the integrity, diversity, Swacch Bharat and Swasth Bharat followed by the cultural program by JSS School children, SS Nagara, Mysuru.

5. Observance of Swaccha Pakawara Programme by Govt. of India.

JSS University along with the constituent colleges and NSS units celebrated Observance of Swaccha Pakawara Programme from 1st to 15th August 2017.

From 1st to 3rd August 2017

- Swaccha Pakawara programme was inaugurated at JSS College of Pharmacy by our Principal Dr. T.M.Pramod Kumar. Others present were University NSS Program co-ordinator Dr K.L.Krishna, NSS Programme Officer, JSSCP, Dr. M.P. Gowrav, Students, teaching staff and non-teaching were present.
- More than 500 students were present for the inauguration and students, teaching staff and others took the pledge of "SWACCH BHARAT".
- Activities for the Swaccha Pakawara program was initiated.

From 4th to 10th August 2017

NSS Volunteers were identified to maintain the cleanliness in the college premises, boys hostel, girls hostel, college surroundings. In and around the college campus.

From 11th to 15th August 2017

About 100 NSS Volunteers were identified to educate atleast 10 other students about Swachh Bharat which leads to healthy and clean country.



6. Rally for Rivers

JSS University along with the constituent colleges and NSS units organized a **Rally for Rivers** to save water. NSS Volunteers along with other staff stood holding placards to the public from Columbia asia to LIC Circle sensitize the people regarding depleting water resources on 1st September 2017.



By 2030 we will have only **50%** of the water we need for our survival

Today we have **75% less water** per person than in 1947

25% of India is turning into a desert

A SIMPLE SOLUTION Possible Through Your Participation & Urgent Government Action

1KM WIDE tree cover on river sides

FORESTS in Govt. Land

FRUIT TREES in Private Land

GIVE A MISSED CALL TO 80009 80009

JOIN THE CAMPAIGN Show your support for a policy to save our rivers.

Sadhguru himself will drive from Kanyakumari to Himalayas to create awareness.

- 03 Sep - Coimbatore
- 04 Sep - Kanyakumari
- 05 Sep - Thiruvananthapuram
- 05 Sep - Madurai
- 06 Sep - Tiruchirappalli
- 07 Sep - Puducherry
- 08 Sep - Mysuru
- 09 Sep - Bengaluru
- 10 Sep - Chennai
- 13 Sep - Anantavadi
- 14 Sep - Hyderabad
- 17 Sep - Mumbai
- 20 Sep - Ahmedabad
- 23 Sep - Bhopal
- 24 Sep - Bhopal
- 26 Sep - Lucknow
- 28 Sep - Jaipur
- 01 Oct - Haridwar
- 02 Oct - Delhi



7. Observance of Swaccha Pakawara Programme by UGC.

JSS University along with the constituent colleges and NSS units celebrated Observance of Swaccha Pakawara Programme from 1st to 15th September 2017.

Day 1 (1st September 2017)

As a part of swachhta pakhwada program, on the first day "Clean Campus Day" was observed in all the constituent colleges i.e JSS Medical College, JSS Dental College, JSS College of Pharmacy, Mysuru and JSS University Department.



Day 2 (2nd September 2017)

As a part of swachhta pakhwada program, on the second day "Clean Hostel Day" was observed in all the constituent colleges i.e JSS Medical College, JSS Dental College, JSS College of Pharmacy, Mysuru and JSS University Department. Volunteers of JSSCP, Mysuru cleaned the hostel premises and informed the inmates of the hostel to maintain hygiene and cleanliness.

Best practices were followed in the hostel where the housekeeping cleaned the toilets, Dining hall and bathrooms. Students have maintained their rooms in clean and hygiene manner. NSS Program officers visited the hostel and some of the photos have been shared.



Day 3 (3rd September 2017)

As a part of swachhta pakhwada program, on the first day "Green Campus Day" was observed in all the constituent colleges i.e JSS Medical College, JSS Dental College, JSS College of Pharmacy, Mysuru and JSS University Department.



Day 4 (4th September 2017)

As a part of swachhta pakhwada program, on the fourth day "Clean Mess Day" was observed in all the constituent colleges i.e JSS Medical College, JSS Dental College, JSS College of Pharmacy, Mysuru and JSS University Department.

NSS Volunteers informed the other students on maintaining the hygiene in the mess and not to waste the food in the mess. Adopting best practices in the mess like wearing gloves, head covers, cutting the nails and wearing facemask to the workers.



Day 5 (5th September 2017)

As a part of swachhta pakhwada program, on the fifth day Essay competition on "What I can do for a clean India" was organized at JSS College of Pharmacy, Mysuru. More than 50 students from constituent colleges i.e JSS Medical College, JSS Dental College, JSS College of Pharmacy, Mysuru and JSS University Department participated in the essay competition.

The winners of the competition is as follows:

1. Mr. Somnath R.G (First Prize, JSS Medical College, Mysuru)
2. Ms. Nikhath Khanum (Second Prize, JSS College of Pharmacy, Mysuru)
3. Ms. Ansika Thyagi (Third Prize, JSS Medical College, Mysuru)



Day 6 (6th September 2017)

As a part of swachhta pakhwada program, on the Sixth day “Clean Surroundings Day” was organized at JSS College of Pharmacy, Mysuru. More than 50 students from JSS College of Pharmacy, Mysuru participated and engaged themselves cleaning of the roads leading to the college.

Day 7 (7th September 2017)

As a part of swachhta pakhwada program, on the seventh day “Care for the surroundings: Study of Garbage cleaning systems in public spaces ” was observed in all the constituent colleges i.e JSS Medical College, JSS Dental College, JSS College of Pharmacy, Mysuru and JSS University Department.

Students from the JSS University visited mysore city markets to see and study how the garbage is cleaned, segregated into dry and wet wasted and finally evacuated in big compactors and dispersed in the location identified.



Day 8 (8th September 2017)

Short film competition was conducted at Lecture Hall of Department of Health System Management Studies, JSS Dental College building, Mysuru from 10:30am to 12 noon on 8/09/2017. The convenors of this programme were Dr. Raghu Ram Achar, NSS Programme Officer and Shri Roshan K, Assistant NSS Programme Officer. The judges were Dr. Ravindra Rangaswamy, Chief Information Officer, JSS University and Dr.Nilani P, Nodal Officer, JSS University.

Topic: "What can I do for a clean India?"

The winners of the competition are

Place	First Place	Second Place		Third Place	
Team	Nishanth and team	Shilpa and Team	Gopi and Team	Chandan and Team	Third year BDS
Affiliation	Department of Health System Management Studies	Department of Health System Management Studies	Department of Water and Health Faculty of Life Sciences	Department of Water and Health Faculty of Life Sciences	JSS Dental College
Concept	Plastic management using innovative modes	Awareness of SwachBharath among citizens of different age groups and profession	Emphasis on awareness of cleanliness among citizens through rallies	Presence of mind for a second can keep my country clean.	Be inspired and Be an inspiration towards cleanliness.



Day 9 (9th September 2017)

As a part of swachhta pakhwada program, on the eighth day "Care for the surroundings: visit to the slums to explain the concepts of cleanliness" was observed in all the constituent colleges i.e JSS Medical College, JSS Dental College, JSS College of Pharmacy, Mysuru and JSS University Department.

Students from the JSS College of Pharmacy, Mysuru visited mysore city markets to see and study how the garbage is cleaned, segregated into dry and wet waste and finally evacuated in big compactors and dispersed in the location identified.

Day 10 (10th September 2017)

As a part of 15 days "Swachhata Pakhwada" programme which was organised in JSS University, we visited the K R Hospital in Mysuru which is for studying the hygiene & systems for disposal of garbage & hospital wastes. During the visit we understood that the garbage, hospital wastes & other kind of wastes are separated out, categorised & each of them is disposed in appropriate manner. Waste is sorted & disposed in different colours of plastic bags such as

- 1) Yellow - soiled cotton, dressing waste materials
- 2) Red - plastic materials such as gloves, head cap, drapes, i.v fluid bottles etc
- 3) Green - food particles & other wastes

Soiled needles used for surgeries & for other purposes are burnt (incineration) in the respective



wards with preventive measures. All the staff who are working in waste management department have been vaccinated & personal protective equipments such as head cap, mouth mask, gloves, gum boots have been provided by the hospital authority. We were also taught to dispose wastes in the same way at our homes, colleges etc so that disposing of those wastes becomes easier, in turn which leads to the reduction of pollution at public places & our visit to the government hospital was educative.

Day 11 (11th September 2017)

As a part of swachhta pakhwada program, on the eleventh day “Care for the surroundings: visit to the orphanages ” was observed in all the constituent colleges i.e JSS Medical College, JSS Dental College, JSS College of Pharmacy, Mysuru and JSS University Department.

Volunteers from JSS College of Pharmacy, Mysuru visited Ashadayaka Seva Trust. Discussion on swachhata was done and it was recorded that they know very much about the swachhata and its essentiality. Volunteers were motivated to visit and teach these kids on Saturdays and Sundays voluntarily. Value based books from Ramakrishna Ashram were distributed to the kids.



Day 12 (12th September 2017)

As a part of swachhta pakhwada program, on the Twelveth day “Care for the surroundings: Debriefing session with local body ” was observed in all the constituent colleges i.e JSS Medical College, JSS Dental College, JSS College of Pharmacy, Mysuru and JSS University Department.

Day 13 (13th September 2017)

As a part of swachhta pakhwada program, on the Thirteenth day “Clean Hostel Room” competition was held in all the constituent colleges i.e JSS Medical College, JSS Dental College, JSS College of Pharmacy, Mysuru and JSS University Department.

Winners of the clean hostel room were awarded on the 15th day of swachhata pakawada program.

Day 14 (14th September 2017)

As a part of the 15 day “Swachhata Pakhwada” programme which was organised in JSS University, an elocution competition was conducted on the topic “Health and Hygiene is the real wealth”. The compeon was conducted in JSS Dental College from 9:30 AM. The judges for the programme were Dr. Deepika , Professor, Dept. of Periodontology and Dr.Mahima, Professor, Dept. of Oral Medicine and Radiology. Thirty-one parcipants from different units of JSS University took part and a me of 5 minutes was given to each parcipant. The parcipants parcipated with utmost enthusiasm. A lot of knowledge about health and wealth was gained from this compeon.

The winners of the competition are:

1. Yash – JSS Dental College
2. Stefi Ann – JSS Dental College
3. Sumera Khanum – JSS Faculty of Life Sciences



Day 15 (15th September 2017)

As a part of swachhta pakhwada program, on the last day Prizes were given to various volunteers for actively participating in all the events such as clean room day, essay competition, elocution competition, short films etc in all the constituent colleges i.e JSS Medical College, JSS Dental College, JSS College of Pharmacy, Mysuru and JSS University Department.



8. Blood Donation Camp on occasion of 102nd Jayanthi Mahotsava celebrations of His Holiness Jagadguru Dr. Sri Shivarathri Rajendra Mahaswamiji

JSS Academy of Higher education and research along with NSS units of the constituent Colleges and NACO had organized blood donation camp on 06-10-2017 on the occasion of 102nd Jayanthi Mahotsava celebrations of His Holiness Jagadguru Dr. Sri Shivarathri Rajendra Mahaswamiji. About 78 units of blood were collected.

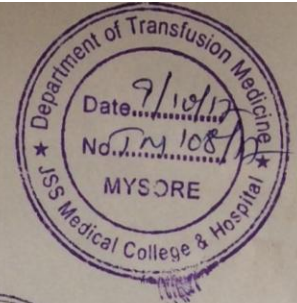
The function was inaugurated by Sri Taralabalu Jagadguru Brihanmath, Sirigere, Dr. B. Suresh, Vice-Chancellor, Sri Betsurmeth, Executive Director, JSS Mahavidyapeetha and many other dignitaries.



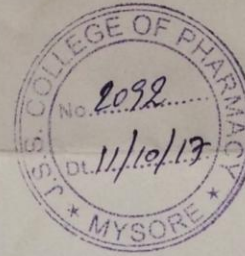


From,
The Blood Bank Officer,
JSS Hospital,
Mysore.

Date: 09.10.2017



To,
The Director,
K.S.B.T.C, 4/13 - 1,
Crescent Road, High grounds,
Bangalore.



Sir,

Sub: - Blood Donation Camp on 06 October -2017- Reg.

With respect to above, we are herewith furnishing the details of camp held on 06.10.2017, 9.00a.m. to 2.00 p.m. at JSS Pharmacy college, Bannimantap, Mysore. This is your kind information.

Total No. of Grouping : 110
Total No. of Units Drawn: 78

Grouping wise blood unit drawn is as follows.

Blood Group	No. of Units Drawn
A Positive	18
A Negative	01
B Positive	23
B Negative	01
O Positive	29
O Negative	02
AB Positive	04
AB Negative	00
Total	78

This is for your kind information.

Thanking you,

Yours Faithfully

Rashmi

BLOOD BANK OFFICER

Blood Bank Officer
JSS Hospital
Mysore

Copy to:

1. The Drug Controller, Karnataka State.
2. The Deputy Drug Controller, Mysore District.
3. DPO-DAPCU, DH & FW Office Premises Near SP Office Circle, Nazarbad, Mysore-01
4. The Director, JSS Hospital, Mysore.
5. The Medical Superintendent, JSS Hospital, Mysore.
6. The Blood Bank officer, K.R. Hospital, Mysore.
7. The Principal, JSS Pharmacy college, Bannimantap, Mysore-570015
8. The Principal, JSS Medical college, Bannimantap, Mysore-570015

10.10.17

[Signature]

9. Awareness Campaign on Hand Sanitation

Jagadguru Sri Shivarathreeswara University in association with constituent colleges (Medical, Dental, Pharmacy and Life Sciences) had organised rally on Hand sanitation to create awareness among the public to maintain good hygiene practices on 07-10-2017. About 350 students participated in the rally and sensitized the public.

Students hold placards saying how to rub hands and lather with soap before having food, scrub nails with fingernail brush, rinse under hot water and drying the hands. These were some of the practices which our students taught the public.

Dr. P.A. Kushalappa, Director- Academics, JSS University, Mysuru, Principals of all the constituent colleges, NSS Program Officers and faculty members were present during the flagging off the rally.

Jagadguru Sri Shivarathreeswara University in association JSS College of Pharmacy, Mysuru had conducted awareness on hand sanitation in the Government higher secondary school, Old Kesare, Mysuru on 14-11-2017. About 20 NSS Volunteers explained the importance of hygiene to the children and gift sachets of **GOSAN** hand sanitizers were distributed.

We are grateful to **Mr. Vikas Chabria**, **GOSAN** hand sanitizers, for generously providing us with gift samples of sachets.







10. Visit to Kumarakoppalu Zero Waste Management Unit

JSS College of Pharmacy, Mysuru staff Dr K.L. Krishna and Dr M.P. Gowrav along with JSS College of Pharmacy, Ooty staff Dr. K.P. Arun and Dr. Ashish had visited the waste segregation unit at Kumarakoppalu, Metagalli, Mysuru along with assistant engineer of JSSMVP, Mysuru on 25th November 2017 to see the zero waste management treatment and to incorporate in our college premises.

The municipal solid waste collection in the city includes door to door collection, street sweeping activity and secondary collection and transportation. Primary Collection (Door to Door Collection of Solid Waste). This scheme is implemented in all 65 wards of the city. Out of all the 65 wards, 62 wards are handled by contract labourers, **while the other 3 wards are handled by federation of Mysore City Wards Parliament (which is Kumarakoppalu waste management)**. There are 240 auto tippers and 396 pushcarts deployed for the collection of waste. Street Sweeping Activity In Mysore city, 17 wards are handled by MCC permanent Pourakarmikas, **1 ward by federation of Mysore City Wards Parliament (W-28)**, and 47 wards are handled by contract labourers. The cleaning of streets and drains takes place during day time while the truck mounted street sweeping machine is used for night sweeping of main roads. Secondary Collection and Transportation For the collection of waste from 65 municipal corporation wards, 255 numbers of single compartment containers and 130 numbers of 4 compartments 4.5 cum containers are placed in all the wards. For the collection of bulk waste from markets/choultry/hotels etc., 66 numbers of 4.5 cum Skip Containers are placed in all 65 wards.

Zero Waste Management unit is only maintained by, Fedaration of Mysuru City Ward Parliament (R), Kumbarakoppalu, Mysuru which includes 3 wards (Ward No 26,28,29.)

A total of 5000 kgs wet waste is received daily from wards 26, 28 and 29 and 60 kgs of dry waste is collected daily. Dry waste has been separated into 26 varieties of waste such milk covers, slippers, beer bottles, waste bags, paper waste, glass pieces etc which are then recycled and sold, whereas wet waste is allowed to decompose for about 3 months by pouring cowdung slurry so that it aids in decomposition and finally becomes manure for crops which is taken by the farmers at free of cost.

Kumarkoppalu waste management is maintained by NGO under the guidance of Shri. Madegowda with the support of Mysore City Corporation.

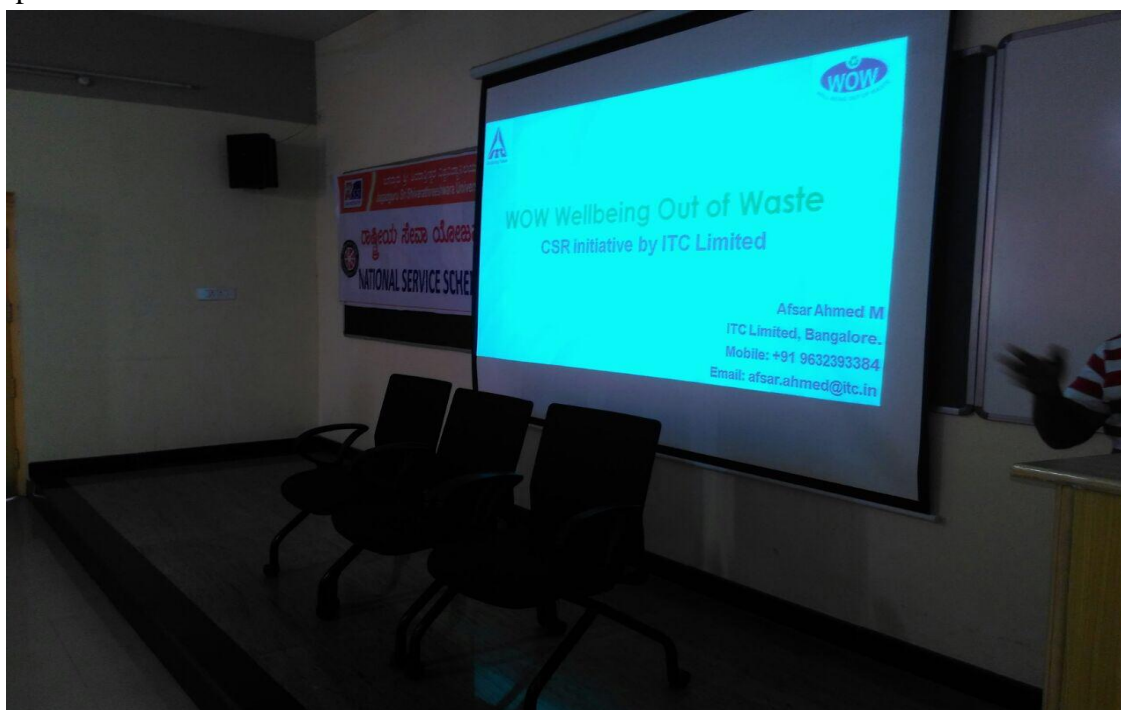


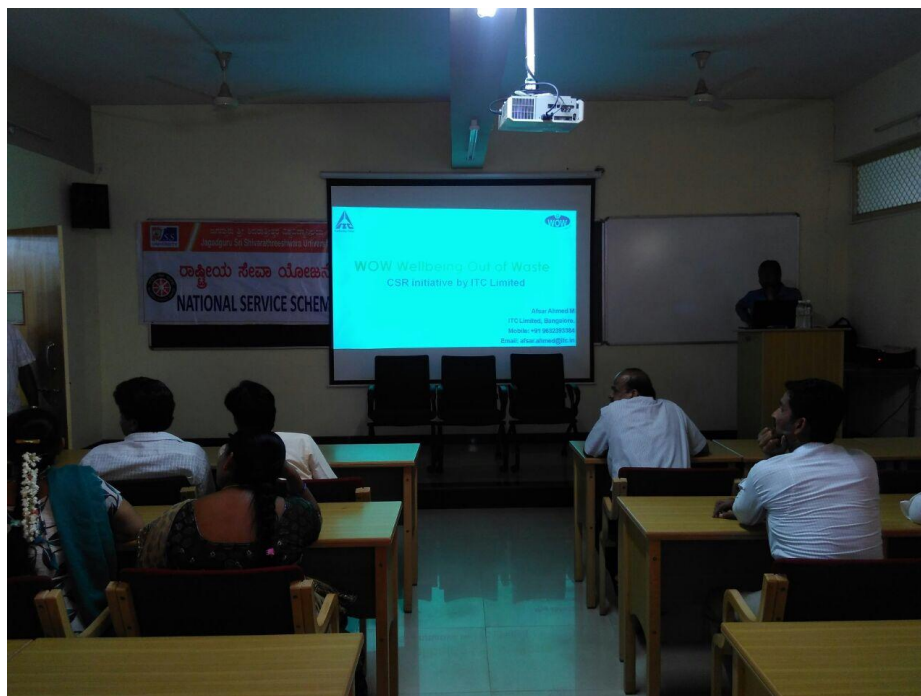
11. Lecture on Zero Waste Management by WOW (Wellbeing out of waste) a CSR Initiative by ITC Ltd.

JSS College of Pharmacy, Mysuru in association with the NSS Unit had organised a awareness talk on waste segregation and zero waste management by Mr. Mohan Siddi, Representative, WOW (Wellbeing out of waste) an Corporate Social Responsibility initiative by ITC Ltd on 05-12-2017.

Non-teaching Staff of JSS College of Pharmacy, Mysuru participated where they were educated about the judicious management of waste and how to segregate the waste such as dry waste, wet waste and sanitary waste. Dry Waste can be converted into a recyclable product and wet waste can be used as compost or manure by farming, gardening etc. Whereas biomedical/sanitary waste must be disposed very carefully by an indication or a marking, so that it does not affect the personnel involved in disposing it.

Dr. T.M. Pramod Kumar, Principal, JSSCP, Mysuru, Dr. M.P. Gowrav, NSS Programme Officer, Dr K.L. Krishna, NSS Co-Ordinator, JSS University and Non-teaching staff of JSSCP, Mysuru were present.





12. Blood Donation Camp on occasion of National Pharmacy week celebrations

As a part of the 56th National Pharmacy Week Celebrations, JSS College of Pharmacy, Mysuru in association with Indian Pharmaceutical Association (IPA), Mysuru Branch, NACO and NSS Unit had organized a Blood Donation Camp on 7th December 2017 in the premises of

JSS College of Pharmacy, Mysuru. The Blood Donation Camp was inaugurated by Dr. Mohammed Salahuddin, Principal, Farooqia College of Pharmacy, Mysuru. During the inauguration, Dr. T. M. Pramod Kumar, Principal, JSS College of Pharmacy, Mysuru; Dr. Puneet Jain, Assistant Professor Department of Immunohematology & Blood Transfusion, JSS Medical College & Hospital; Dr. Umesh M, Coordinator, NPW, JSS College of Pharmacy, Mysuru were present. About 100 volunteers who have registered for the blood donation were screened and around 51 units of blood was collected from the volunteers. Mr. Puttaraju, Administrative Officer, Dr. M P Gowrav, NSS Program Officer, Dr. J Suresh, Mr. B. Vishwanath, JSS College of Pharmacy, Mysuru and Blood Bank Officers of JSS Hospital, Mysuru were also present during the blood donation camp.



From,
The Blood Bank Officer,
JSS Hospital,
Mysore.

Date: 12.12.2017

To,
The Director,
K.S.B.T.C, 4/13 - 1,
Crescent Road, High grounds,
Bangalore.

Sir,

Sub: - Blood Donation Camps on 6/12/17, 7/12/17, 8/12/17 - Reg.

With respect to above, we are herewith furnishing the details of the following camps-

- CAMP 1 -On 6/12/17- Mandovi motors, KRS road, Mysore, from 9am to 2pm. No. of grouping done- 55, No of units drawn- 42
- CAMP 2- On 7/12/17- JSS college of Pharmacy, Bannimantap, Mysore from 9am to 2pm. No. of grouping done- 65, No of units drawn- 51
- CAMP 3- On 8/12/17- HDFC Bank Pvt L.Td, Saraswathyipuram Mysore from 10am to 4pm. No. of grouping done- 80, No of units drawn- 63

Grouping wise blood unit drawn is as follows.

CAMP 1		CAMP 2	
Blood Group	No. of Units Drawn	Blood Group	No. of Units Drawn
A Positive	10	A Positive	13
A Negative	00	A Negative	01
B Positive	14	B Positive	17
B Negative	00	B Negative	01
O Positive	15	O Positive	15
O Negative	00	O Negative	02
AB Positive	03	AB Positive	02
AB Negative	00	AB Negative	00
Total	42	Total	51

19.12.17

M. Anand

M. Anand

Achuth

20/12

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13. Republic Day Celebrations

NSS Volunteers with the other students of the constituent college actively participated in the celebration of Republic Day at JSS University Campus.

JSS College of Pharmacy, Ooty**NSS regular activities from 1st April 2017 to 31st March 2018**

Sl. No	Date	Duration of session in Hrs	No. Volunteers attended	Nature and quantum of work
14.	22-06-2017	03	100	International yoga day rally was conducted to create awareness among public in and around Ootacamund. The rally started from our college and was concluded at ATC which was accompanied by our principal DR.S.P. Dhanapal.It was programmed along with BNYS students of JSS INYS and various slogans and placards were also displayed.
15.	15-07-2017	05	65	Outreach program was conducted at the adopted village at Nedugalcombai and Veeracombai by the NSS volunteers from JSSCP, Ooty.
16.	24-07-2017	02	100	Enrollment of new NSS volunteers.
17.	27-07-2017	01	60	The death anniversary of our past president DR.A.P.J. Abdul Kalam was commemorated as a silent procession by the students and faculty members of JSSCP, Ooty.
18.	06-08-2017	02	100	The Swatch Bharath program was initiated by our principal at the college campus. A oath on keeping our country clean was taken and was initiated by cleaning the campus.
19.	15-08-2017	03	100	Independence day was celebrated at the college campus. Flag hoisting was by NSS Program officer and by chief guest DR. Bhaskar Balakrishnan (Ambassador of India to Greece) and patriotic speech, patriotic song was performed by the NSS volunteers and sweet distribution was also held.
20.	19-08-2017	02	100	Orientation program for the new NSS volunteers.

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21.	25-08-2017	05	75	Students participated in the campaign for save our rivers, organized by our JSS University accompanied with Isha Yoga , Coimbatore.
22.	02-09-2017 & 03-09-2017	12	40	NSS Students participated in organizing the conference conducted by the Quality circle forum of India. About 1000 delegates participated in this conference.
23.	04-09-2017 To 15-09-2017	10	80	The Swachchata Pakhwada campaign was conducted. Under this campaign various competitions like elocution and essay writing were also conducted.
24.	13-09-2017 & 23.09.2017	02	30	Save our river campaign was conducted. About 30 NSS students volunteered themselves to clean the water reservoirs in the reserve forests of Tiger hills . The program was jointly carried out with the local municipal councilor Mr. Sampath. The principal and few faculty members also joined the campaign.
25.	24.09.2017	01	100	The NSS day was celebrated. Personality development program was conducted for the NSS volunteers an lecturer was delivered by MR.Babu CEO IWIS Group Ootyon "Leadership motivation program".About 100 NSS volunteers participated.
26.	25-09-2017	04	250	World Pharmacist day. Participated in the human chain, from commercial road to ATC bus stand Ootacamund. Capsule symbol was displayed/demonstrated by the NSS volunteers at Shanthi Vijay school ground Ootacamund.
27.	13.10.2017	03	45	Safe hand wash awareness campaign was conducted at Manjakombai and Nedugulkombai tribble village school.Demonstration was given to students and village people on cleanliness and pamphlets were issued by the NSS volunteers. Dengu awareness was also initiated to the village people by the NSS

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				volunteers.
28.	24.10.2017 & 25.10.2017	03	75	An dengue awareness campaign was carried out at kandal and kumaran nagar area. The NSS volunteers made a door to door campaign and creating an awareness on cleanliness and proper storage of water. The program was jointly carried out by the Red cross of JSSCPO and ooty municipal officers.
29.	10.11.2017	3	75	Conducted blood donation camp in association Government headquarters hospital Ootacamund. 30 units of blood was donated by the volunteers.
30.	01.12.2017	2	25	Conducted world aids day awareness program by distributing the pamphlets to the public in and around ooty town. 25 NSS volunteers participated in the event and distributed pamphlets
31.	25.01.2018	4	100	Participated in the rally on account of National voters day celebration. The rally was flagged off by the district collector Mrs. Innocent Divya IAS. About 100 NSS volunteers participated in the rally concluded at HADP auditorium were cultural program and speech was organized and two of the NSS volunteers bagged the prize in speech.
32.	26.01.2018	2	80	Celebrated 68 th Republic day. Dr. Suresh Kumar Director TIFAC core Jss college of pharmacy, Ooty was the chief guest of the day. Flag hoisting, speech and patriotic song by volunteers and sweet distribution were the events of the day.
33.	31.01.2018	06	20	Participated in the Thaipposam at Elk Hill Murugan temple in an attempt to regularize the traffic and pilgrims. About 20 NSS Volunteers participated in the event.

Place: Ooty

Date:

NSS Regular activities

Day & Date	Name of the programme	Place/Venue	Remarks/ Number of beneficiaries	Approximate Outcome in Rs.
04-09-2017 to 15-09-2017	Swacchta Pakawara Program	Ooty	250	20,000.00
10-11-2017	Blood donation camp	JSS College of Pharmacy,) Ooty	30 units of blood was collected	30,000.00
Total			280	50,000.00

Detailed Narrative Report of Each Programme, Scanned Copies of the News Paper Report(S) and Action Photos

Description of activities:

14. International Yoga Day Report JSS University

International yoga day rally was conducted to create awareness among public in and around Ootacamund. The rally started from our college and was concluded at ATC which was accompanied by our principal DR.S.P.Dhanapal. It was programmed along with BNYS students of JSS INYS and various slogans and placards were also displayed.



15. Out Reach program at adoted village

Outreach program was conducted at the adopted village at Nedugalcombai and Veeracombai by the NSS volunteers from JSSCP, Ooty. The Superintendent of police Mr.Murali Ramba IPS was the chief guest and distributed blankets and stationary to the scholl children of the tribale village.



16. Silent rally

The death anniversary of our past president DR.A.P.J. Abdul Kalam was commemorated as a silent procession by the students and faculty members of JSSCP, Ooty.



17. Swatch bharath

The Swatch Bharath program was initiated by our principal at the college campus. A oath on keeping our country clean was taken and was initiated by cleaning the campus.



18. Independence Day celebration.

Independence day was celebrated at the college campus. Flag hoisting was by NSS Program officer and by chief guest DR. Bhaskar Balakrishnan (Ambassador of India to Greece) and patriotic speech, patriotic song was performed by the NSS volunteers and sweet distribution was also held.



19. Save rivers campaign

Students participated in the campaign for save our rivers, organized by our JSS University accompanied with Isha Yoga , Coimbatore.



20. Quality forum Circle of Coimbatore

NSS Students participated in organizing the conference conducted by the Quality circle forum of India. About 1000 delegates participated in this conference.



21. Swachhata Pakhwada

The Swachhata Pakhwada campaign was conducted. Under this campaign various competitions like elocution and essay writing were also conducted.



22. Save our river campaign

Save our river campaign was conducted. About 30 NSS students volunteered themselves to clean the water reservoirs in the reserve forests of Tiger hills. The program was jointly carried out with the local municipal councilor Mr. Sampath. The principal and few faculty members also joined the campaign.



23. NSS Day Celebration

The NSS day was celebrated. Personality development program was conducted for the NSS volunteers an lecturer was delivered by MR.Babu CEO IWIS Group Ooty on "Leadership motivation program". About 100 NSS volunteers participated.



24. World pharmacist day

World Pharmacist day. Participated in the human chain, from commercial road to ATC bus stand Ootacamund. Capsule symbol was displayed/demonstrated by the NSS volunteers at Shanthi Vijay school ground Ootacamund.



25. Save hand wash awareness campaign

Safe hand wash awareness campaign was conducted at Manjakombai and Nedugulkombai tribble village school. Demonstration was given to students and village people on cleanliness and pamphlets were issued by the NSS volunteers. Dengu awareness was also initiated to the village people by the NSS volunteers



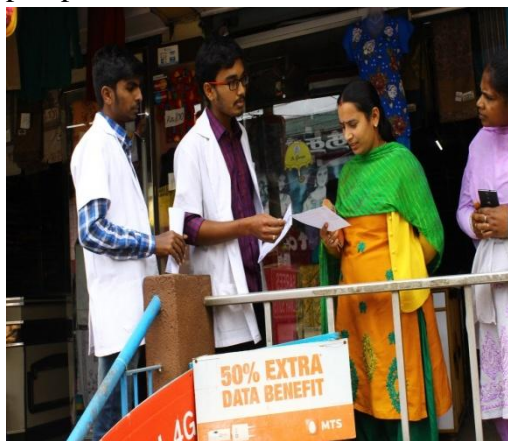
26. Dengu awareness campaign

An dengu awareness campaign was carried out at kandal and kumaran nagar area. The NSS volunteers made a door to door campaign and creating an awareness on cleanliness and proper storage of water. The program was jointly carried out by the Red cross of JSSCPO and ooty municipal officers.



27. World aids day celebration

Conducted world aids day awareness program by distributing the pamphlets to the public in and around ooty town. 25 NSS volunteers participated in the event and distributed pamphlets.



28. National voters day rally

Participated in the rally on account of National voters day celebration. The rally was flagged off by the district collector Mrs. Innocent Divya IAS. About 100 NSS volunteers participated in the rally concluded at HADP auditorium where cultural program and speech was organized and two of the NSS volunteers bagged the prize in speech



29. Republic Day Celebration

Celebrated 68th Republic day. Dr.Suresh Kumar Director TIFAC core Jss college of pharmacy,Ooty was the chief guest of the day. Flag hoisting, speech and patriotic song by volunteers and sweet distribution were the events of the day.



30. Volunteer participation in managing fest

Participated in the Thaippoosam at Elk Hill Murugan temple in an attempt to regularize the traffic and pilgrims. About 20 NSS Volunteers participated in the event.



JSS University Department, Mysuru

NSS Regular activities

Day & Date	Name of the programme	Place/Venue	Remarks/ Number of beneficiaries	Approximate Outcome in Rs.
21.06.2017	International Yoga Day	Mysore Golf Course	50 volunteers participated in the record making event .	Rs. 20,000/-
16.07.2017	Seed Ball Sowing	Mutatti Forest	Students and PO were involved in sowing the seedballs in the forest regions of Mutatti.	Rs. 1,00,000/-
15.08.2017	Participation in the Independence Day celebrations	JSS University	Independence Day celebrated at University Campus in association with JSS School.	-
01.09.2017	Rally for Rivers	Bannimantap Main Raod near St. Joseph's Hospital	100	-
07.10.2017	NSS Day celebration	JSS College of Pharmacy, JSS University	NSS Awards were distributed	
07.10.2017	Rally for Hand Sanitization	Bannimantap Industrial Area and Slums of Bannimantap	Education to create awareness in hand washing techniques and uses	
	Swatchata Packwada	JSS University	50 participants	Rs. 5000
08.09.2017	Short Film	JSS University	26 participants	Rs. 50000
13.09.2017	Care for Surroundings: Assessment of Waste Disposal System	KR Market	10 participants	Rs. 5000
14.09.2017	Visit to Orphanage	Ashadayaka Seva Trust	15 participants	Rs. 1000
14.09.2017	Green Campus Participation	JSS University	25 participants	Rs. 5000

Total	50	Rs. 45,000.00
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Detailed narrative report of each programme, Scanned copies of the News Paper report(s) and action photos

1. Seed ball sowing programme

NSS Units of JSS University participated in sowing of seed balls at Mutathi Forest on 16th July 2017. Over 4 lakh seedballs were sowed in the forest area.

Volunteers of NSS from Jagadguru Sri Shivarathreeshwara University including JSS University departments: Department of Water and Health, Department of Health System Management Studies, JSS Medical, Dental and Pharmacy College participated in seed sowing programme "VrukshaaropaNa 2017" held at Mutatti Forest Area, Malavalli, Mandya on 16th July 2017. Volunteers and NSS Programme Officers were involved in dispersing around 2 lakh seeds across the forest area. Dr. KL Krishna, NSS Programme Coordinator, JSS University, Dr. Sunil Kumar, Dr. Gowrav Kumar and Mr. Raghu Ram Achar, Respective NSS Programme Officers were present.



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Sri Shivarathreeshwara Nagar, Mysuru - 570 015, Karnataka, India

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JSS NSS unit sows over 4 lakh seed-balls at Muthathi forest



Mysuru, July 27- The NSS Unit of Jagadguru Sri Shivarathreeshwara University, Mysuru, initiated a 'Grow Green' movement and as a part of this initiative, a seed-ball sowing programme was recently organised at Muthathi Forest, Malavalli Taluk.

The programme was jointly organised by NSS Unit of JSS University, NSS Unit of Maharani's College, Mysuru and Vruksha Ropana-2017, a volunteer organisation. Over 4 lakh seed-balls were sowed at Muthathi stretching around 12 km deep inside. Over 100 NSS volunteers, officers, staff of JSS University and Maharani's College

Mysuru participated.

The activity was initiated with a brief talk on concept of seed-ball by Ashvin of Vruksha Ropana, who briefly explained the concept of seed-ball and how the seed-balls were prepared.

Dr. K.L. Krishna, NSS Programme Coordinator of JSS University, briefed about the programme and asked volunteers to actively participate.

Praveen Kumar, Forest Officer, Muthathi Forest and his team, NSS Programme Officers Dr. M.P. Gowrav, Dr. D. Sunil Kumar, Dr. Raghu Ram Achar, Manonmani, Dr. Jagadish, Dr. H.V. Gangadharappa, and Hemant were present.

Rally for Rivers

Conducted on: 01-September 2017

Participation: MSc, BSc and MBA Students: (60 students)

Location: From St. Joseph's Hospital to the entrance of JSS University

Volunteers interacted with the civilians and shopkeepers explaining the importance of saving rivers thereby motivating them to give a missed call to 8000980009.

Keeping in view that in a democratic system, the government is sensitive to the views of the majority of the population and therefore, substantial support/demand through missed calls would be necessary for the positive river policy to come into effect. Some students spoke to the bus commuters and displayed the banners to propagate the message of giving a missed call as a support call. Dr. Raghu Ram Achar and Mr. Roshan K represented the Dept. of Water and Health and Dept. of Health System Management Studies respectively.



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Sri Shivarathreeswara Nagar, Mysuru - 570 015, Karnataka, India

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**Swatcha Packhwada (1st September to 15th September 2017)
Programme Report**

Event: 08/09/2017 Short film competition

Short film competition was conducted at Lecture Hall of Department of Health System Management Studies, JSS Dental College building, Mysuru from 10:30am to 12 noon on 8/09/2017. The convenors of this programme were **Dr. Raghu Ram Achar**, NSS Programme Officer and **Shri Roshan K**, Assistant NSS Programme Officer. The judges were **Dr. Ravindra Rangaswamy**, Chief Information Officer, JSS University and **Dr. Nilani P**, Nodal Officer, JSS University.

Swatcha Paackhwada (1st September to 15th September 2017) Programme Report
Event: 08/09/2017 Short film competition

Place	First Place	Second Place		Third Place	
Team	Nishanth and team	Shilpa and Team	Gopi and Team	Chandan and Team	Third year BDS
Concept	Plastic management using innovative modes	Awareness of SwachBharath among citizens of different age groups and profession	Emphasis on awareness of cleanliness among citizens through rallies	Presence of mind for a second can keep my country clean.	Be inspired and Be an inspiration towards cleanliness.
Name and Email Address of the winners	Nishanth Jain nishanthjain89.nj@gmail.com 9148767959 Muktha Patel C R muktharaj09@gmail.com 7090263392 Rakshith KV rakshith057@gmail.com 7204703419 Sujith Kumar sujithbabu47@gmail.com 7019303695 Namitha T namithancethu01@gmail.com 8123632187 Harshitha BM harshitha2pavi@gmail.com 9783370856	Shilpa Sree C. R shilpacrbharadwaj@gmail.com 9538295846 Vishal JM Vishaljm94@gmail.com 9035126524 Kirthana P.M kirthanamuthappa@gmail.com 7760547467 Monica Muthamma monicamuthamma01@gmail.com 9731117122 Sankalpa D sankalpachirag59@gmail.com 7892791356 Chirag R sankalpachirag59@gmail.com 8310599820 Abhinandan S Rao absrockster@gmail.com 729512983	Gopikiran kgopikiran1996@gmail.com 8970898949 Himaja himajavarm97475@gmail.com 9742247576 Anusha anubaji269@gmail.com 8970262642 Yogendra DR 7899917172 vvogi4340@gmail.com Shwetha Shwetha221197@gmail.com 8095452152	Chandan S Chandan98d@gmail.com 9886760361 Nirmala G S nirmalagsgowda5@gmail.com 9740893548 Bindushree prasadbindu86@gmail.com 8749009569 Mallikarjun S Beclagi Vishwabeclagi2205@gmail.com 7411645288 Sushma Savanth BU sushmasavanthsush@gmail.com 7353503101	P. Jayasri Sivani jayasivani@gmail.com Jithin Raj TR Jithinjtr1@gmail.com Joies Susan Varghese joiesvarghese@gmail.com 9900742930
Address	Department of Health System Management Studies, JSS University, Sri Shivarathreeswara Nagar, Mysuru-570015	Department of Health System Management Studies, JSS University, Sri Shivarathreeswara Nagar, Mysuru-570015	Department of Water and Health Faculty of Life Sciences, JSS University, Sri Shivarathreeswara Nagar, Mysuru-570015	Department of Water and Health Faculty of Life Sciences, JSS University, Sri Shivarathreeswara Nagar, Mysuru-570015	JSS Dental College, JSS University, Sri Shivarathreeswara Nagar, Mysuru-570015



Screening of Short movies on 8th September 2017



Green Campus participation

Volunteers of Department of Water and Health, JSS Medical College, and JSS College of Pharmacy can be seen involved in the green campus event. Students of Department of Water and Health got themselves involved in picking up the stones and clearing up the soil for lawn grass cultivation. Students of Medical college were involved in clearing up the wastes on grass and plants. Students of JSS College of pharmacy took necessary action to maintain the greenery of the lawns and gardens around the campus.

Activity: 13/09/2017 Care for Surroundings



Visit to KR Market and assessment of waste disposal system by Mysore Municipality.

Volunteers discussed the policy in action for disposal of wastes. The vegetable and fruit vendors explained their concerns with respect to waste disposal. They are happy with the Mysuru Municipality for taking great initiative in clearing the wastes of market.

Event: Care for Surroundings

Volunteers from Dental College visited the slums near the campus and got themselves involved in clearing the plastic and paper wastes on roads. This was supported by the civilians.





Visit to Orphanage, Ashadayaka Seva Trust, Metagalli, Mysuru.

14/09/2017 : Volunteers from Department of Water and Health and Department of Health System Management Studies visited Ashadayaka Seva Trust. Discussion on swachata was done and it was recorded that they know very much about the swachta and its essenetiality. Volunteers were motivated to visit and teach these kids on Saturdays and Sundays voluntarily. Value based books from Ramakrishna Ashram were distributed to the kids.

NSS Day Celebration and distribution of NSS Award

National Service Scheme (NSS) Units of Jagadguru Sri Shivarathreeshwara University, Mysuru organized NSS Day on 7th October 2017 with a theme on creating awareness on ‘**Hand Washing and Disease Prevention**’ as a part of Swachhata Hi Seva Campaign of Govt. of India.



A NSS rally was organized to create awareness about hand sanitization and disease prevention on 7th Oct 2017 from 9.30 am to 11.30 am. More than 350 NSS volunteers, NSS officers and faculty members of Dept of Water and Health (Faculty of Life Sciences), Dept. of Health System Management Studies, JSS College of Pharmacy, JSS Dental College & Hospital and JSS Medical College were participated in the event. The rally was inaugurated by **Dr. PA Kushalappa, Director (Academics), JSS University** at JSS University campus in the presence of NSS program coordinator Dr. K.L. Krishna, NSS program Officers and Principals/Chairman/HOD/coordinator of all NSS Units. The rally started from JSS Medical College Back gate covering Bannimantap industrial area, Vande mataram and Yellamma nagara slums and ended at highway circle.

During the rally, the student volunteers interacted with the local people and slum dwellers and explained the importance of hand washing in disease prevention. The activity was coordinated by JSS University Department NSS Officer Dr. Raghu Ram Achar in association with other NSS Unit Officers.



Followed by the rally, NSS Day celebration was organized at Sri Rajendra auditorium, JSS College of Pharmacy, Mysuru. The program was inaugurated by **Dr. KM Veeraiah, Director, JSS Karnataka Open School, JSS Mahavidyapeetha, Mysuru** by watering the plant and Dr. PA Kushalappa, Director (Academics) presided the function. Prof GK Chandrashekarappa, Chairman, Dept. of Water and Health briefed about the importance of NSS in building young India and asked all NSS youths to participate actively in NSS activities. Dr. KM Veeraiah, in his inaugural address explained the origin of NSS, functions of NSS volunteers and shared his experience about NSS.

Dr. K.L. Krishna, NSS program coordinator explained the significant activities undertaken by JSS University in organizing various events of NSS. He also said, Govt. of Karnataka has introduced some grade points to NSS volunteers in all KPSC examinations. *He announced the prize winners of UGC Swachhta Pakhwada program competitions held between 1st to 15th Sep 2017. All the winners were given the certificate and memento.*

During the function, JSS University's NSS Best Volunteers awards were given. Mr. Ramaswamy Sundararajan of JSS Medical College, Mr. Shabareesh KN of JSS Dental College & Hospital, Mr. Mumammed Bishir of JSS College of Pharmacy, Mysuru, Mr. Gopi S, of JSS College of

Pharmacy, Ooty, Mr. Yogendra DR of JSS University Department were given best NSS Volunteer Awards for the year 2016-17.



In his presidential address Dr. PA Kushalappa appreciated the work of NSS volunteers and motivated them for further active participation in future NSS activities.

Dr. Pramod Kumar TM, Principal, JSS College of Pharmacy, Mysuru, Dr. Dattatri Nagesha, Head, Faculty of Life Sciences were also present in the function.

Dr. Mamatha HK, Coordinator, Dept. of Health System Management studies welcomed the guests and Dr. Raghu Ram Achar, NSS Program Officer of JSS University Dept. proposed the vote of thanks.

All the activities were coordinated by NSS Unit of JSS University Department.

Star of Mysore: October 11, 2017

NSS Day and NSS Awards Ceremony



Mysuru, Oct.11- The National Service Scheme (NSS) Units of JSS University, Mysuru, had organised NSS Day on Oct.7 with a theme 'Hand Washing and Disease Prevention' as part of *Swachhta Hi Seva* (Cleanliness is Service) of Government of India.

A NSS rally was held to create awareness about hand sanitisation and disease prevention in which more than 350 NSS volunteers, NSS Officers and faculty members of Department of Water and Health (Faculty of Life Sciences), Department of Health System Management Studies, JSS College of Pharmacy, JSS Dental College & Hospital and JSS Medical College participated.

The rally was inaugurated by Dr. P.A. Kushalappa, Director (Academics), JSS University at JSS University campus in the presence of NSS Program Coordinator Dr. K.L. Krishna, NSS Program Officers and Principals, Chairman, HoD and Coordinators of all NSS Units.

During the rally, covering Bannimantap industrial area, Vande Mataram and Yellammanagar slums, the student volunteers interacted with the local people and slum-dwellers and explained the importance of hand-washing in disease prevention. The activity was Coordinated by JSS University Department NSS Officer Dr. Raghu Ram Achar in association with other NSS Unit Officers.

Followed by the rally, NSS Day celebration was organised at Sri Rajendra auditorium, JSS College of Pharmacy, Mysuru. The programme was inaugurated by Dr. K.M. Veeraiah, Director, JSS Karnataka Open School, Mysuru by watering a plant. Dr. P.A. Kushalappa presided. Prof G.K. Chandrashekarappa, Chairman, Department of Water and Health, briefed about the importance of NSS and called upon the youths to participate actively in NSS activities.

Dr. K.L. Krishna, NSS Programme Coordinator,

announced the prize winners of UGC Swachhta Pakhwada programme competitions held in Sept. 2017. All the winners were given certificate and memento.

On the occasion, JSS University's NSS Best Volunteers Awards were given. Ramaswamy Sundararajan of JSS Medical College, K.N. Shabareesh of JSS Dental College, Mumammed Bishir of JSS College of Pharmacy, S. Gopi of JSS College of Pharmacy, Ooty, D.R. Yogendra of JSS University were given Best NSS Volunteer Awards for 2016-17.

In his Presidential address, Dr. Kushalappa appreciated the work of NSS volunteers.

Dr. T.M. Pramod Kumar, Principal, JSS College of Pharmacy, Dr. Dattatri Nagesha, Head, Faculty of Life Sciences, were present.

Dr. H.K. Mamatha, Coordinator, Department of Health System Management Studies, welcomed. Dr. Raghu Ram Achar proposed a vote of thanks.