



# **National Service Scheme**



## **ANNUAL REPORT**

**Submitted to**

**State Liaison officer  
NSS Cell, M.S. Building  
Ambedkar Veedhi  
Bangalore-01**

**Submitted by**

**JSS University, Mysore**

**2014-15**



# JSS UNIVERSITY

(Established under section 3 of the UGC Act 1956)

JSS Medical Institutions Campus

Sri Shivarathreeswara Nagar, Mysore-570015, Karnataka, India



Accredited Grade  
'A' by NAAC

## National service scheme

### REPORT FOR THE PERIOD ENDING OCTOBER-2014

#### BASIC INFORMATION ABOUT UNIVERSITY:

STATE	:Karnataka
UNIVERSITY	: JSS University
NAME OF THE PROGRAMME COORDINATOR	: Gangadharappa H.V.
WHETHER PART TIME/FULL TIME	: Part Time
DATE OF APPOINTMENT	: 14/11/2010
NO. OF SUPPORTING STAFF FOR NSS AT UNIVERSITY	: 02
DATE OF LAST MEETING OF UNIVERSITY LEVEL	
ADVISORY COMMITTEE	: 25/09/2014
NSS VOLUNTEERS STRENGTH	: 400
TOTAL NO. OF STUDENT POPULATION OF THE	
UNIVERSITY	: 3500
NSS STRENGTH ALLOCATED BY THE STATE GOVT.	: 400
ACTUAL NO. OF NSS VOLUNTEERS	: 400
ACTUAL NO. OF NSS VOLUNTEERS	:M-208, F-192,TOTAL=400
NO. OF COLLEGES	: 04 Colleges
TOTAL NO. OF NSS UNITS	: 04 Units
NO. OF PROGRAMME OFFICERS IN POSITION	: 04 Officers
NO. OF PROGRAMME OFFICERS TRAINED	: 04 Officers
NO. OF PROGRAMME OFFICERS TO BE TRAINED	: Nil

**NO. OF VILLAGES ADOPTED**

**: 04 Villages**

**FUNDS FOR NSS REGULAR/SPECIAL PROGRAMMES**

**Funds received by the University: Nil**

**FOR REGULAR ACTIVITIES**

**FOR SPECIAL CAMPS**

**DAY OF RECEIPT: 11/11/13**

**DAY OF RECEIPT:11/11/13**

**AMOUNT RECEIVED: Not received**

**AMOUNT RECEIVED: Not received**

**PER CAPITA EXPENDITURE FOR ESTABLISHMENT AT**

**UNIVERSITY LEVEL**

**: Rs.300/volunteers**

**SPECIAL CAMPING PROGRAMME:**

**I. TOTAL NO. OF VOLUNTEERS PARTICIPATED : Nil**

**II. NO. OF CAMPS ORGANIZED : Nil**

**ACTIVITY DESCRIPTION:**

**(1) LITERACY**

**1.1 NO. STUDENTS VOLUNTEERS PARTICIPATED : Nil**

**1.2 NO. OF VILLAGE ADOPTED FOR TOTAL LITERACY : Nil**

**1.3 TOATAL NO. OF ILLITERATES : Nil**

**1.4 NO. OF PERSONS MADE LITERATE : Nil**

**1.5 NO. VILLAGES MADE FULLY LITERATE : Nil**

**(2) ENVIRONMENT/ WASTE LAND DEVELOPMENT AND CONSERVATION: 01**

**(3) HEALTH AND FAMILY WELFARE**

**3.1 HEALTH CAMPS : 03**

**3.1.1 HEALTH CAMPS CONDUCTED : 03**

**3.1.2 DETAILS OF HEALTH PROGRAMMES ORGANISED: Given below  
ANDBENEFICIARIES**

**3.2. BLOOD DONATION CAMPS:**

**3.2.1 NO. OF BLOOD DONATION CAMPS CONDUCTED : 01**

**3.2.2 NO. OF UNITS OF BLOOD COLLECTED : 80Units**

**3.3. POPULATION EDUCATION : Nil**

**3.4. ERADICATION OF DRUG ABUSE : Nil**

**3.4.1 NO. OF AWARENESS CAMPINGS HELD : Nil**

**3.4.2 NO. OF BEBEFICIARIRES : Nil**

**(4) PROGRAMME FOR WOMEN : Nil**

**(5) WORK IN HOSPITALS**

**5.1 NO. PERSONS BENEFITED**

**: > 1000 PERSONS**

**(6) WORK DURING EMERGENCIES**

**: Nil**

**(7) AIDS AWARENESS**

**7.1. NO. OF SCHOOLS IDENTIFIED**

**: Nil**

**7.2. NO. OF PROGRAMME OFFICERS TRAINED**

**: Nil**

**7.3 NO. PEER EDUCATORS TRAINED**

**: Nil**

**7.4 NO. OF BENEFICIARIS**

**: Nil**

**(8)**

**PLACE: Mysore**

**DATE : 31/03/2015**

**SIGNATURE OF THE  
NSS PROGRAMME COORDINATOR**

## MEMBERS OF NSS ADVISORY COMMITTEE

1. Dr. B. Suresh, Vice-Chancellor, JSS university, Mysore	Chairman
2. Dr. B. Manjunatha , Registrar, JSS University, Mysore	Member
3. Mr. C.C. Hiremath, Deputy Finance Officer, JSS University, Mysore.	Member
4. Ms. Kokila, Deputy Registrar, JSS University, Mysore,	Special Invitee
5. Dr. Arun Pujar, Head, Regional Centre, NSS unit, Bangalore.	Member
6. Dr. Gananath Shetty Ekkar, NSS State Liaison Officer, Bangalore.	Member
7. Principals of all the constituent colleges, JSS University, Mysore	Member
8. Mr. R. Vasudeva Bhat, Social Worker, Ramya Creations, 2 <sup>nd</sup> Floor, Madhwesha Complex, Nazarbad Main Road, Mysore-570 010	Member
9. Prof. Gurupadaswamy, Professor of Economics, Maharajas College, Mysore Former NSS Programme Co-ordinator, University of Mysore, Mysore.	Member
10. Dr. V. Balamuralidhara, Asst. Professor, JSS College of Pharmacy, Mysore	Member
11. Ms. Shivamika, II MBBS, NSS Volunteer, JSS Medical College, Mysore	Member
12. Mr. Vinaykumar, II B. Pharm, JSS College of Pharmacy, Mysore.	Member
13. Mr. B.Saravanan, I. B.Pharm, JSS College of Pharmacy, Ooty	Member
14. Dr. Sunil Kumar, NSS Programme Officer, JSS Medical College, Mysore	Member
15. Mr. R. Suresh Kumar, NSS Programme Officer, JSS College of Pharmacy, Ooty	Member
16. Dr. Umesh M., NSS Programme Officer, JSS College of Pharmacy, Mysore	Member
17. Dr. Ravi, NSS Programme Officer, JSS Dental College and Hospital, Mysore	Member
18. Dr. Gangadharappa H.V. NSS Programme Coordinator, JSS College of Pharmacy, Mysore.	Member Secretary

## REGULAR ACTIVITIES

### 1. World Earth Day Celebration

NSS Unit of JSS Medical College and Department of Community Medicine in collaboration with Inner Wheel Club, Mysore has jointly organized World Earth Day 2014 on 22<sup>th</sup> April 2014. Every year on April 22, over a billion people in 190 countries take action for Earth Day. People plant trees, clean up their communities, contact their elected officials, and more—all on behalf of the environment. Earth Day 2014 will focus on the unique environmental challenges of our time. As the world's population migrates to cities, and as the bleak reality of climate change becomes increasingly clear, the need to create sustainable communities is more important than ever. Earth Day 2014 will seek to do just that through its global theme: “**Green Cities**”. On this occasion Ayurvedic Medicine plants and tree saplings were planted in Urban Health Center and Government school of Medar Block, Mysore. This was followed by a program and Guest lecture, Dr Rama medical officer welcomed guests of honour, Dr Om Prakash, Prof JSS ayurvedic medical college, Mysore who explained the importance of medicinal plants and Mrs Sowjanya, President of Inner Wheel Club and its members asked students to take oath on avoiding usage of plastic covers and products. Dr Hugara Siddalingappa delivered vote of thanks. Dr Sunil Kumar NSS officer, Dr Narayanmurthy urban health center coordinator, Mr Nagendra social worker and others were present.





## 2. World Environment Day 2014

NSS Unit of JSS Medical College, Mysore has organized World Environment Day 2014 on 5<sup>th</sup> June 2014. It is observed every year on 5<sup>th</sup> June to raise global awareness to take positive environmental action to protect nature and the planet Earth. The 2014 theme for World Environment Day will focus on '**Small Islands and Climate Change**', the official slogan for the year 2014 is '**Raise Your Voice Not The Sea Level**'. On this occasion drawing competition was organized under the nature in garden area of JSS Medical College campus. More than 40 medical professionals participated in it. Dr Balaraj BM vice principal of JSS Medical College inaugurated the event by stroking a brush on the canvas. He briefed about the importance of environment day by stating that it is necessary to adopt three R's REDUCE, REUSE and RECYCLE. Dr Sunil Kumar NSS officer, Dr Siddalingappa, and Mr Nagendra social worker organized the event. Dr Renuka M Prof & Head, Dr Ashok, Dr Narayanmurthy, Dr Prakash, Dr Kavitha S and Dr Vidya of Dept of community medicine were present.



### 3. World Health Day 2014

Department of Community Medicine and NSS Unit of JSS Medical College, Mysore have jointly organized, world health day 2014 on 8<sup>th</sup> April 2014. On this occasion a student symposium was held on World Health Day theme of the year “Small Bites – Big threats”. Dr. Renuka M, professor and head of Community Medicine, welcomed the gathering and Dr. H Basavanagowdappa, Principal, JSS Medical College, inaugurated the event. In his inaugural address he mentioned the burden of vector borne diseases and relevance of their prevention and control in the current scenario. This was followed by the symposium where third year MBBS students, Miss. Nishchitha, Mr. Uday Kumar, Miss. Prathyusha, Mr. Vinay Kumar, Mr. Pulkit Gupta, delivered talks on world health organization, themes of world health day, burden of vector borne diseases, current strategies for prevention and control of these problems. Dr. Sunil Kumar, D, NSS Officer presented the role of honors to the speakers. Dr. B M Balaraj, Vice Principal, JSSMC, distributed felicitated the student speakers. Dr. Praveen Kulkarni, coordinator for the event, proposed vote of thanks. Dr. Kavitha HS and Miss Namratha, compared the event. More than 150 MBBS students, faculty, post graduate students had participated.



4. Fresh NSS volunteers registration by JSS College of Pharmacy, Ooty and Mysore.
5. Orientation programme for fresh NSS volunteers was given by NSS Programme officer and Mrs. P. Nilani
6. 68<sup>th</sup> Independence day was celebrated in the Ooty Pharmacy college campus and JSS University, Mysore. NSS volunteers and faculty members participated in the event. At Mysore Dr. Manjunatha B. Registrar was the chief guest and at Ooty Mrs. Praveena Devi Professor of English from Govt Arts College Ootacamund was the chief guest. Chief guest hoisted the flag, followed by Patriotic song, speeches by the volunteers and taking Oath and sweet distribution were the events of the day







7. September 18<sup>th</sup> NSS volunteers of JSS College of Pharmacy, Ooty participated in “Joining hands with MOB group to make Ooty Beautiful programme. Cleaning the roads from Charring cross to Botanical garden and Govt arts college road in an attempt to create awareness to keep the home town clean and neat. The programme was headed by MOB (Make Ooty Beautiful) group chairman Miss Shobana Chandrashekar. Over 80 Volunteers involved in the event and September 19<sup>th</sup> : Participated in Climate change –Education & Reduction programme organized by Island trust Kotagiri in YWCA hall Ootacamund.



8. September 24<sup>th</sup> Celebrated NSS Day in the college campus. Mr. JSK. Nagarajan Former NSS Programme officer conducted a programme on “How to Speak in Public” for the NSS volunteers.



9. Teacher's day was celebrated on 5<sup>th</sup> September by JSS College of Pharmacy, Mysore.

10. JSS College of Pharmacy, Mysore celebrated world pharmacists' day on 25<sup>th</sup> September 2014. Pharmacist Day is celebrated in order to make the public and healthcare professionals aware that pharmacists are important members of the health care team and there is a need to make the best use of their services in order to improve patients' quality of life. The programme was on the theme “THE FUTURE IS HEALTHY”. The programme was inaugurated by Dr. P.A. Kushalappa, Director (Academics), JSS University, Mysore and he spoke on the importance of Pharmacy in health care setup and shared his professional interaction with pharmacy profession. Dr.M.G. Narahari, Associate Professor, JSS Medical College, Mysore delivered a talk about the clinical pharmacy in India and its importance. Mr. K.R.Nagaraja, Secretary, K.S.G.P.A, Mysore and Chamarajanagara, shared his thoughts on Role of Pharmacists in present day healthcare profession and shared his experience as a hospital Pharmacist in govt. sector. Mr. Manjunatha, President, Mysore District Chemist and Druggists association spoke about scope of pharmacy in retail sector. Dr. H.G. Shivakumar, Principal, JSS College of Pharmacy, Mysore in his presidential address spoke on how the profession of pharmacy has grown and explained the roles of and responsibilities of the Pharmacists and also the services offered by them to the society. On this occasion, 10 senior Pharmacists, 05 from community and 05 from hospital set up were felicitated. NSS



Volunteers and students of the college participated in the programme. Dr. P.K. Kulkarni, Vice-Principal, welcomed the dignitaries and gathering, Dr. M.N. Purohit, Professor, proposed vote of thanks and Dr.Gangadharappa H.V. NSS Programme coordinator, JSS University coordinated the programme.

**11. JSS University celebrated Sri Sri Jagadguru Dr. Rajendra Mahaswamiji Jayanthi on 11<sup>th</sup> September 2014 on the occasion blood donation camp and sapling of plants programme was organized. Programmes were inaugurated by Prof. Nisar Ahmed, and Sri. Jayanth Kaikini. Dr. Manjunatha B., Registrar, JSS University, Dr. P.A.Kushalappa, Director academic and Principals of the constituent colleges of JSS University were present.**



**12. 'Swacch Bharat Abhiyan'** The NSS unit of JSS medical college has taken part in the 'Swacch Bharat Abhiyan' launched by the Prime Minister Shri Narendra Modi who exhorted people to fulfill Mahatma Gandhi's vision of Clean India. Gandhiji had two dreams – Quit India, and Clean India, the people had helped to ensure that the first became a reality. However, the second dream – Clean India – still remained unfulfilled.

In this view the NSS unit has done the clean up drive at Bannimantap Grounds in Mysore. After the Dasara Torch light parade at Bannimantap grounds it was with full of plastic plates and cups and covers all over the ground. Around 40 NSS volunteers had started the cleaning from 7.00am up to 10.00am by cleaning all the plastics and covers. More than 50 bags of wastes were collected from the ground.



Even the local people who came for morning walk also helped in cleaning surprising the kids also. With the cooperation of local people and ground authorities the whole event went well. The ground became beautiful at the end and received appreciation by the people. Dr Sunil Kumar, Dr Hugar, Dr Praveen, Dr Kavitha, Dr Srinivasa, Dr Prashant, Dr Akila and others from JSS medical college were present.

**"Let us fulfill Mahatma Gandhi's vision of Clean India – Swachh Bharat"**

### **13. Conducted for Medicos**

For creating awareness among medicos regarding breast feeding practices and Breast Feeding Week 2014, Quiz competition was conducted by National Service Scheme in collaboration with Department of Community Medicine, JSS Medical College, Mysore.

To begin with there were five teams each having four 7<sup>th</sup> term MBBS students. The quiz competition extended over a period of one hour. The first round was an elimination round wherein written test was conducted. One team was eliminated in this round and the

remaining four were moved into further rounds. The second round was a visual round consisting of multiple choice questions.

In the third round one student from each team had to pick up the topics that were written in the chits and give verbal clues regarding the topic (without directly using the words in the chit) and the rest of the team members had to guess the topic within the specified time. Once the team members guessed the topic they were given time to think about it and discuss among themselves for 30 sec, after which another student from the same team had to come on the dais and speak about the topic. Teams were judged on the basis of their depth of knowledge, level of confidence, relevance to the topic, time keeping and overall performance. At the end of this round two teams with least scores were eliminated. The final and the fourth round was a rapid fire round for the remaining two teams following which the winners and runners-up were announced.

Dr. Renuka M, Professor and head, Department of Community Medicine interacted with the students and cleared their doubts regarding breast feeding practices. This was followed by prize distribution ceremony. Dr. Renuka M, Dr. Narayan Murthy and Dr. Sunil Kumar NSS Officer gave away the prizes for winners, runners-up and other participants respectively. The winners are Mr Vinay Ravikumar, Miss Shubhashree Nandy, Mr Uday Kumar R and Miss Chaithanya VM.

Overall the quiz was successful in achieving its objective of creating awareness, interest and increasing students thirst for further gaining knowledge regarding breast feeding and its practices.







**14. Swachh Bharat** or **Swachh Bharat Abhiyan** Clean Indian Mission is a national level campaign by the Government of India covering 4041 statutory towns to clean the streets, roads and infrastructure of the country.

This campaign was officially launched on 2 October 2014 at Rajghat, New Delhi, where Prime Minister Narendra Modi himself wielded broom and cleaned a road. The campaign is India's biggest ever cleanliness drive and 3 million government employees and schools and colleges students of India participated in this event. The mission was started by Narendra Modi, the Prime Minister of India, nominating nine famous personalities for this campaign, and they take up the challenge and nominate nine more people and so on (like the branching of a tree). It has been carried forward since then with famous people from all walks of life joining it.

As a part of this mission our institute also organized and conducted the Swachh Bharat Abhiyaan on 29-11-2014 at 02:00 pm in and around the college premises and SS Nagar, Mysore. The program was inaugurated by our principal by reciting the Swachh Bharat Mission pledge to nearly 400 students and NSS Volunteers who participated actively in the campaign.

The NSS Volunteers and students of the college were divided into eight groups and each group were assigned with their class teachers and batch teachers under them. Each group were assigned to clean a street given to them. The students and NSS Volunteers actively participated in the mission and they removed the debris, plastic covers, papers and garbage heaps in public places and also motivate others to keep their homes, schools, and surroundings clean educated the public on cleanliness and hygienic methods to be followed to keep their surroundings clean.











**15. Kannada Rajyothsava:** Celebrated on 1<sup>st</sup> November 2014 in JSS Medical College Campus, Mysore. University officials, staff members of all the constituent colleges and all the NSS Volunteers participated in the celebration.

**16. Self-defense:** On 2<sup>nd</sup> December Training in self-defense to the NSS girls volunteers was organized in the college campus. Mrs Leelavathy Inspector of Police, All womens police station Ootacamund and other two lady constables were the peoples who conducted the programme. 70 NSS girls volunteers participated in the programme and Participated in the human chain jointly organized by NSS and IPA Nilgiris branch from Commercial road near Liberty theatre to ATC clock tower.

**17. Swachh Bharat” Campaign:** NSS Unit of JSS College of Pharmacy Ootacamund organised “Swachh Bharat” Campaign. The campaign was inaugurated by Dr. Prabhavathi, Dr. Murugesan and Principal Dr.S.P.Dhanapal. The Campaign started from the college campus and went through Onslows road to ATC bus stand and returned back to the college campus via Davis dale. More than 90 NSS Volunteers actively and enthusiastically participated in the event.

**18. Communal harmony:** On 11<sup>th</sup> January On the occasion of Communal harmony NSS volunteers participated in the service rendered at Kodapmund orphanage centre. 50 geometry box and 50 pocket dictionaries were issued to 6<sup>th</sup> to 10<sup>th</sup> standard students.

### **19. Indian Students Parliament**

Four NSS Volunteers of our JSS University attended 5<sup>th</sup> Bharatiya Chhatra Sansad [Indian Students Parliament] Organized by MAEER’s MIT School of Government was held at Pune from January 10<sup>th</sup> to 12<sup>th</sup> 2015. The conference was about importance of student in politics. Student volunteers got the great opportunity to know about the politics and got a chance to meet great political leaders. Many topics such as ‘Media-Truth or Trumpt’ and ‘Real heroes of India’ have been discussed in the occasion.

The objective behind the core theme was conveying importance of cleanliness to youngsters and to make them aware of the importance of clean environment which we usually tend to underestimate in this area of social Media and WhatsApp.

The Indian Student parliament also brought the embracing Swachh Bharat Abhiyaan which we believe that it will bring affirmative and constructive change.



Mega blood donation camp has been conducted and the volunteers donated blood. Students are very thankful to the principal and University for giving this wonderful opportunity.



1. Republic day was celebrated on 26<sup>th</sup> January 2015 in JSS Medical College Campus, Mysore. University officials, staff members of all the constituent colleges and all the NSS Volunteers participated in the celebration.

**JSS UNIVERSITY  
JSS MEDICAL COLLEGE  
SRI SHIVARATHRESHWARA NAGARA, MYSORE-15  
NSS SPECIAL CAMP (15-03-2015 to 20-03-2015)**

**DETAILED NARRATIVE REPORT**

The NSS Unit of JSS Medical College has conducted the NSS special camp for villagers in Srinivasa Agrahara village of Srirangapatna Taluk. The camp was for the period of one week. On 15<sup>th</sup> march the inaugural function of the camp was held in the presence of dignitaries like Dr Sujay Kumar who emphasized the role of doctors in building the society, he also remembered his father who was a doctor in 1940's and said the medical care and technology has changed so much in which doctor and patient relationship propinquity has been diminished. He also suggested NSS volunteers to serve for the rural people and mainly service oriented attitude

should be developed within inside of us. Dr. H. Basavanagowdappa, Principal said that NSS was the Gandhiji's dream of building nation by the efficient utilization of youth of the country, the NSS volunteers should build good rapport with the villagers and create awareness regarding health and its importance among villagers. Dr, Balaraj, Vice-principal said that prevention is better than cure and the amount spent on prevention is much more less than the treating of disease condition. Dr Sunil Kumar NSS officer proposed vote of thanks.

On 16-03-2015 the regular medical camp was started, on this day medicine specialty doctors came around 96 patients utilized the facilities. Free ECG, blood glucose monitoring, blood pressure monitoring and free medicines were distributed. On 17-03-2015 obstetrics and gynecology specialty clinic was there, around 87 patients had utilized the facilities. On 18-03-2015 pediatrics specialty clinic was there, around 99 patients came and in school children with malnutrition and other problems were addressed. On 19-03-2015 ENT, ophthalmology and dermatology specialty clinic was there, cataract cases were referred to JSS hospital for free eye operation and others were treated there only by outpatient management. On 20-03-2015 orthopedics and free dental check up camp organized, mobile dental bus came and did checkup and treatment for cases requiring filling and tooth extraction. The required medicines were dispensed free of cost and if further treatment was needed, were referred to JSS Hospital, Mysore. In addition other services like ECG and Blood glucose test were done. It is with pride that we state that a total of 556 patients received the benefit of these services and medicines were distributed free of cost to the patients.

The valedictory function was held on the 20<sup>th</sup> march 2015 Dr Balaraj vice principal spoke about successful camp and wished all villagers and NSS volunteers happy ugadi, Dr Gangadarappa NSS coordinator JSS university said that medical college is doing well. Dr Prashant, Dr Renuka, Dr Ashok, Dr Narayanmurthy, Dr Prakash and Mr Jayshankar were present. Dr Sunil Kumar NSS Program Officer and Dr Siddalingappa Hugar Asst NSS Program Officer coordinated the whole camp.







**JSS UNIVERSITY**  
**JSS DENTAL COLLEGE & HOSPITAL,**  
**SRI SHIVARATHREESHWARA NAGAR, MYSURU – 570 015**

**REPORT OF NSS SPECIAL CAMP HELD FROM 06.03.15 TO 12.03.15 AT GUNGRAL**  
**CHATRA, MYSURU**

JSS Dental College & Hospital, a constituent college of JSS University conducted NSS camp from 6<sup>th</sup> to 12<sup>th</sup> of March 2015 in Gungral Chatra, near Ilwala, Mysore.

Sri G T Devegowda, MLA, Chamundeshwari Constituency, Mysore flagged off a week long service programme in which Dental, Medical checkup and treatment were conducted for about 500 people out of which 200 received various treatments including scaling, filling, extraction.

50 underwent ECG and 100 were benefited by Eye camp. Free medicines were distributed for the patients in need.

The people from Gungral Chatra and school children were also benefited by talks on various topics such as Oral Health, women health, Malnutrition, life skills by renowned resource persons.

It was Dr B Nandlal, Principal, JSS Dental College and Hospital who stood as a guide force with Dr Ravi M B, NSS Co-ordinator to accomplish this massive attempt. Sri Harish G D., MDCC Bank Director, Mysore graced the valedictory function.

The NSS camp was lead by 50 volunteers and other doctors from JSS institution. This event lead a strong part to the volunteers for their “LEARNING THROUGH EXPERIENCE” and left a strong sense of “NOT ME BUT YOU”- a notion that bears its significant through the NSS movements.







**JSS COLLEGE OF PHARMACY, UDHAGAMANDALAM**  
**NSS SPECIAL CAMP (23-02-2015 to 28-02-2015)**

**DETAILED REPORT**

With the blessings of His Holiness Jagadguru Sri Sri Shivarathreeshwara Deshikendra Mahaswamigalavuru , NSS camp for the academic year 2014-15 has begun on 23-02-2015. On the inaugural day (23-02-15) we left the college by 09.45 am and reached Mullikoor village by 12.30 p.m. The Unit headed by Mr.R.Sureshkumar NSS Programme officer and other supporting staff Mr.B.Babu, The Unit comprised of 34 boys and 16 girls.

The Inaugural Function has started at 4-30 pm in the village community hall, where village people use to assemble for their evening activities. Village Naattaamai Mr.Bellu along with the staff and students , inaugurated the Special Camp by hoisting the NSS flag, Flag hosting was followed by the NSS Song by the volunteers . Group sung a NSS unity Song and given start to the inaugural function. Then Mr. R. Sureshkumar NSS Programme officer, welcomed the guests, He wished all the NSS volunteers a successful camp.

NSS Volunteers were involved in the cleaning of the drainage and foot path for the water tank. As a part of the camp we were taken for a small trekking in the forest area to reach Bettadha gudi (Temple at Mountain) to gain knowledge on importance of forest and animals along with 10 school childrens and two school teachers and two village peoples. Screening for diabetes ,Blood pressure and BMI . Since the people of the village were engaged tea estate works, the volunteers went to their individual houses for screening.



**JSS COLLEGE OF PHARMACY, MYSORE**  
**NSS SPECIAL CAMP (21-02-2015 to 28-02-2015)**

On 21/03/2013 NSS Special Camp was started with 50 NSS volunteers and NSS Camp Officer, Dr. Dr. Umesh and Assistant Camp Officer, Mr. B.R. Jaidevkumar. Inauguration of the NSS special annual camp was scheduled at 5.00PM at Chagashettahalli, Pandavapure Taluk, Mandya District.

Programme started with the invocation by singing NSS Song by Mr. Vinaykumar of IIB. Pharm Dr. K. Mruthunjaya welcomed the dignitaries and guests. Special Annual Camp-2013 was inaugurated by Dr. H.G. Shivakumar, Principal, JSS College of Pharmacy, Mysore, Dr. P.K. Kulkarni, Vice Principal and NSS Programme coordinator of JSS University, Mysore and leaders of the village Chagashettahalli and other dignitaries by lighting lamp. Various free health check up camp and awareness programmes were conducted in the camp.




## DETAILED REPORT

# Press Publications

Cherry Prakash, which was autographed by Modi himself in 2005

### Symposium on 'Small Bites-Big Threat' held



Mysore, Apr. 9 (KS)- Department of Community Medicine and NSS Unit of JSS Medical College, Mysore had jointly organised World Health Day-2014 celebration at its premises in city yesterday.

On this occasion a student symposium was held on the WHO's World Health Day 2014 theme "Small Bites- Big threats".

The symposium was inaugurated by JSS Medical College Principal Dr. H. Basavanagowdappa.

In his inaugural address, he mentioned the burden of vector borne diseases and relevance of their prevention and control in the current scenario. This

was followed by the symposium where third year MBBS students, Nishchitha, Uday Kumar, Prathyusha, Vinay Kumar and Pulkit Gupta delivered talks on World Health Organisation, themes of World Health Day, burden of vector borne diseases, current strategies for prevention and control of these problems.

Dr. D. Sunil Kumar, NSS Officer, presented the role of honours to the speakers. Dr. B M Balaraj, Vice-Principal, felicitated the student speakers. Dr. Praveen Kulkarni, Event Coordinator, proposed a vote of thanks. The symposium was attended by more than 150 MBBS students.

Imported ink for printing currency notes

STAR OF MYSORE Monday 9th June 2014

### Environment Day

World Environment Day was celebrated by various schools, colleges and other organisations in city.

**KAUTILYA PU COLLEGE:** 'Pravah' Eco Club of Kautilya Vidyalyaya PU College celebrated World Environment Day at its campus by enacting a drama depicting the importance of using clean water, the need for building toilets, general cleanliness and importance of education.

The campus was full of placards carrying messages like 'Invest in Green to Go Green', 'Kadannu Ulisi Nadannu Belasi', 'Solution Of Pollution Is Its Dilution', 'Neerannu Ulisi Arogya Galisi', 'Manegondnu Souchalaya Deshadhya Arogya Nilaya', etc.

Principal Dr. L. Savitha, Vice-Principal Vani Venkatesh, Nishanth A. Naidu, Head of Pravah Eco Club, faculty members of the college and students celebrated the day. On this occasion, saplings were distributed to the students of the school.

**NSS UNIT, JSS MEDICAL COLLEGE:** On the occasion of the World Environment Day, NSS Unit of JSS Medical College, Mysore, organised a drawing competition in its campus. Dr. B M Balaraj, Vice-Principal, JSS Medical College, inaugurated the event by striking a brush on the canvas. Speaking on the occasion, he briefed about the importance of Environment Day and stressed the use of three 'R's — Reduce, Reuse and Recycle. Dr. Sunil Kumar, NSS Officer, Dr. Siddalingappa and Nagendra, social worker, had organised the event. Prof. Dr. M. Renuka, Dr. Ashok, Dr. Naraynamurthy, Dr. Prakash, Dr. S. Kavitha and Dr. Vidya, Dept. of Community Medicine, were present. More than 40 medical professionals participated in it.

**MAHARSHI HIGH SCHOOL:** Umadevi, Corporator, Mysore City Corporation, who was the chief guest, inaugurated the function by planting saplings. At the formal function, Bhavani Shankar, Managing Trustee, Maharshi Institutions, K.R. Gopalaswamy, Principal, Maharshi Public School, M. Mahadevas-

wamy, Principal, V. Girish, H. School and Principal, Nurse present. High planted a tree to the institute gave a position with va on the most techniques of Teams with presentations cated best m dience, were

**DE PAUL LEAGE:** The s Degree Colle and medicin campus as a ture Club, or World Environ iju Antony (C cipal, inaugu handing over ling. The evi by Madhuri i team leaders

**IDEAL SCHOOL:** Tr sion of the V Day, the s dressed in g dents wore g Student repl all classes to a sapling in tes. A sixth gr on the signifi Drawing com held, based c rmonment Day awareness an

**SRI SHA SCHOOL:** Chairman of School, planti



### Swachh Bharat Abhiyan by NSS unit of JSS Medical College



Mysore, Oct. 18 (KS)- The NSS unit of JSS Medical College as part of 'Swachh Bharat Abhiyan' launched by the Prime Minister Narendra Modi who exhorted people to fulfill Mahatma Gandhi's vision of Clean India, undertook a cleaning drive at Bannimantap Grounds in city recently. Around 40 NSS volunteers began the cleaning drive from 7 am to 10 am by removing all the plastics and covers and collected more than 50 bags of wastes from the ground. Even the local people who came for morning walk also helped in the cleaning, surprising the NSS volunteers.

Dr. Sunil Kumar, Dr. Hugar, Dr. Praveen, Dr. Kavitha, Dr. Srinivasa, Dr. Prashant, Dr. Akila and others from JSS Medical College were present.

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"5W1H" and a tool "Mindmap" to make learning effective. gar 1st Stage, Mysore or Mob: 9916397939/9886897939.

### NSS Unit celebrates World Earth Day

Mysore, Apr.25-The NSS Unit of JSS Medical College and Department of Community Medicine in collaboration with Inner Wheel Club of Mysore had jointly organised World Earth Day celebrations on Apr. 22.

On the occasion, Ayurvedic medicine plants and saplings were planted in Urban Health Centre and Government School in Medar Block. This was followed by a guest lecture. Dr. Rama, Medical Officer, welcomed. Dr. Om Prakash, Professor, JSS Ayurvedic Medical College, explained the importance of medicinal plants. Sowjanya, President, Inner Wheel Club and its members asked students to take oath on avoiding usage of plastic covers and products. Dr. Hugar Siddalingappa proposed a vote of thanks. Dr. Sunil Kumar, NSS officer, Dr. Naraynamurthy, Urban Health Centre Coordinator, Nagendra, social worker and others were present.



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ಪ್ರೇಮಿಂಗ್ ನ್ಯೂಸ್

ಬನ್ನಿಮಂಟಪದಲ್ಲಿ 'ಸ್ವಚ್ಛ ಭಾರತ'

ದಿಶ ಸುದ್ದಿಪೋಷಕ | Oct 14, 2014, 04.00AM IST

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ಮೈಸೂರು: ಪ್ರಧಾನಿ ನರೇಂದ್ರ ಮೋದಿ ಅವರ  
ಮಹತ್ವಾಕಾಂಕ್ಷೆಯ ಯೋಜನೆ ಹಾಗೂ ಗಾಂಧೀಜಿಯವರ  
ಕನಸು ಸಾಕಾರಗೊಳಿಸುವ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ಜಿಎಸ್‌ಎಸ್

Ads by Google ವೈದ್ಯಕೀಯ ಮಹಾ ವಿದ್ಯಾಲಯ ರಾಷ್ಟ್ರೀಯ ಸ್ವಯಂ ಸೇವಾ

ಛಟಕದ ಸ್ವಯಂ ಸೇವಕರು ಮೈಸೂರಿನ ಬನ್ನಿಮಂಟಪದ ಪಂಜಿನ ಕವಾಯಿತು ಮೈದಾನವನ್ನು ಶುಚಿಗೊಳಿಸಿದರು.

ದನರಾ ಮಹೋತ್ಸವದ ನಂತರ ಪಂಜಿನ ಕವಾಯಿತು ಮೈದಾನ ತುಂಬೆಲ್ಲ ತ್ಯಾಜ್ಯ ವಸ್ತುಗಳಾದ ಪ್ಲಾಸ್ಟಿಕ್ ತಟ್ಟೆ, ಲೋಟ, ತಂಪು ಪಾನೀಯಗಳ ಡಬ್ಬಗಳು ಅವರಿಸಿದ್ದವು. 40 ಮಂದಿ ರಾಷ್ಟ್ರೀಯ ಸ್ವಯಂಸೇವಕರು, ಕ್ರೀಡಾಂಗಣದ ಅಧಿಕಾರಿ ಗಳ ಸಹಯೋಗದೊಂದಿಗೆ ಶುಚಿಗೊಳಿಸಿದರು. ಬೆ.7ರಿಂದ 10ರವರೆಗೆ ನಡೆದ ಶ್ರಮದಾನದಲ್ಲಿ 60ಕ್ಕೂ ಹೆಚ್ಚು ಚೀಲದಷ್ಟು ಕಸ ಸಂಗ್ರಹಿಸಿದರು.

ಸ್ವಯಂ ಪ್ರೇರಣೆಯ ಈ ಅಭಿಯಾನದಲ್ಲಿ ಬೆಳಗಿನ ಗಾಳಿನೇವನೆಗೆ ಬಂದ ಹಿರಿಯರು ಹಾಗೂ ಚಿಕ್ಕ ಮಕ್ಕಳೂ ಕೂಡ ಸ್ವಯಂ ಪ್ರೇರಣೆಯಿಂದ ಭಾಗ ವಹಿಸಿದ್ದರು. ವೈದ್ಯಕೀಯ ಕಾಲೇಜಿನ ಡಾ. ಸುನಿಲ್ ಕುಮಾರ್, ಡಾ.ಸಿದ್ದಲಿಂಗಪ್ಪ ಹೊಗಾರ್, ಡಾ.ವಿ. ಪ್ರಶಾಂತ್, ಡಾ.ಪ್ರವೀಣ್ ಕುಲ್ಕರ್ಣಿ, ಡಾ.ಬಿ.ಎಂ.ಶ್ರೀನಿವಾಸ್, ಡಾ.ಎಚ್.ಎಸ್.ಕವಿತಾ ಹಾಗೂ ಡಾ.ಪಿ.ಅಖಿಲಾ ಮತ್ತು ವಿದ್ಯಾರ್ಥಿಗಳು ಭಾಗವಹಿಸಿದ್ದರು.

Rekha Santosh, office-bearers  
Yashoda Narayan, Rashmipa-  
thange V. Sridhar, C. Tejovati

award and M.R. Prajwal and  
A. Phanisimha were presented  
'Sadhanashri' award.

## NSS unit holds free health check-up camp

Mysuru, Feb.23- A free general health check-up camp for the poor and the marginalised people was conducted at Beechanahalli village of H.D. Kote Taluk in Mysuru district on Feb. 19 by the NSS unit of JSS Medical College, Samanvaya Charitable Trust, Mysuru and Vinayaka Swasahaya Sangha of Beechanahalli village.

The camp, held at Government High School premises of Beechanalli, was attended by around 300 villagers. Twenty doctors, five technicians and

two educationists from Mysuru participated. Vision testing, blood sugar testing, spirometry testing were done and free drugs were distributed to the needy patients.

A total of 350 school children were examined by the Paediatricians and services from specialists in Surgery, Medicine, Dermatology, Pulmonology, ENT, Dental, Orthopaedics, OBG, Psychiatry and Community Medicine were provided to the villagers. Cataract cases were referred for free operation at JSS Hospital in Mysuru.

## Medical camps by Amritakripa Hospital

Mysuru, Feb. 23, Free...



## ನೈರ್ಮಲ್ಯದ ಬಗ್ಗೆ ಅರಿವಿನ ಶಿಕ್ಷಣ ನೀಡಲು ಕುಲಕರ್ಣಿ ಕರೆ



ಪಾಂಡುಪುರ: ಫೆ. 23- ಗ್ರಾಮೀಣ ಜನರಲ್ಲಿ ಸ್ವಚ್ಛತೆ ನೈರ್ಮಲ್ಯದ ಬಗ್ಗೆ ಅರಿವಿನ ಶಿಕ್ಷಣ ನೀಡಿ ಸಮಾಜಮುಖಿಯಾಗಿ ಬದುಕಲು ಆನುಕೂಲ ಮಾಡಿಕೊಡಬೇಕೆಂದು ಜಿ.ಎಸ್.ಎಸ್. ಜಿಜ್ಞಾಸ ವಿಜ್ಞಾನ ಮಹಾವಿದ್ಯಾಲಯದ ಉಪ ಪ್ರಾಚಾರ್ಯ ದಾ. ಶಿ.ಕೆ.ಕುಲಕರ್ಣಿ ನುಡಿದರು.

ತಾಲೂಕಿನ ಬಾಗಶಿಟ್ಟಹಳ್ಳಿ ಗ್ರಾಮದಲ್ಲಿ ಆಯೋಜಿಸಿದ್ದ 21-2-15ರಿಂದ 27-2-15ರವರೆಗೆ ಜಿ.ಎಸ್.ಎಸ್. ವಿಶ್ವವಿದ್ಯಾಲಯ ಜಿ.ಎಸ್.ಎಸ್.ಜಿಜ್ಞಾಸ ಮಹಾವಿದ್ಯಾಲಯ

ಮೈಸೂರು ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆ (ಎಸ್.ಎಸ್.ಎಸ್) ವಾರ್ಷಿಕ ವಿಕೇಷ ಶಿಬಿರವನ್ನು ಉದ್ಘಾಟಿಸಿ ಮಾತನಾಡಿದ ಕುಲಕರ್ಣಿ ಯೋಜನೆಯಿಂದ ಸೂಕ್ತ ಪ್ರತಿಭೆ ಅನಾಪರಣದೊಂದಿಗೆ ಜೀವನ ನೈತಿಕ ಮೌಲ್ಯ ಮೈಗೂಡಿಸಿಕೊಳ್ಳಬೇಕೆಂದು ಸಲಹೆ ನೀಡಿದರು.

ಜಿ.ಎಸ್.ಎಸ್. ಸಹಾಯಕ ಪ್ರಾಧ್ಯಾಪಕ ಗಂಗಾಧರಪ್ಪ ಎಚ್.ವಿ.ಮಾತನಾಡಿ ಭಾರತ ಆತ್ಮತಂತ್ರ ಹೆಮ್ಮೆ ಗ್ರಾಮೀಣ ಪ್ರದೇಶವನ್ನು ಹೊಂದಿರುವ ರಾಷ್ಟ್ರವಾಗಿದ್ದು, ಗ್ರಾಮೀಣ ಉದ್ಧಾರವಾಗಬೇಕೆಂದು ಬೇಕಾದ ಸಾಧನಗಳನ್ನು ಹೊಂದಿಕೊಳ್ಳುವುದು ತರಬೇತಿ ಪಡೆದುಕೊಳ್ಳುವುದು, ಅದರ ಅಭಿವೃದ್ಧಿ ಪಡೆದುಕೊಳ್ಳುವುದು, ಗ್ರಾಮೀಣ ಜನತೆಗೆ ಹೆಚ್ಚು ನೈರ್ಮಲ್ಯ ನೀಡುವುದು, ಉಚಿತ ತರಬೇತಿ ನೀಡುವುದು, ಗ್ರಾಮದ ಜನತೆಗೆ ಅದರ ಉಪಯೋಗವನ್ನು ಪಡೆದುಕೊಳ್ಳುವುದು ಎಂದರು.

ಶಿಬಿರದ ನಿರ್ದೇಶಕ ದಾ| ಎಚ್.ಜಿ.ಕಿರಣ್‌ಮಠ್ ಆಧ್ಯಕ್ಷತೆ ವಹಿಸಿ ಮಾತನಾಡಿ ಕಾಲೇಜಿನ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಗ್ರಾಮೀಣ ಪ್ರದೇಶದ ಬಗ್ಗೆ ಅರಿವಿನ ಶಿಕ್ಷಣ, ಶಿಬಿರದಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಗಳು ಗ್ರಾಮದಲ್ಲಿ ಸಂಪೂರ್ಣ ಸ್ವಚ್ಛತೆ ಮಾಡಲಾಗುತ್ತದೆ. ಗ್ರಾಮದಲ್ಲಿ ಅನೈರ್ಮಲ್ಯ ಕಾಂಡವಾದುದ್ದರಿಂದ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ಶಿಬಿರಾರ್ಥಿಗಳು ಶ್ರಮದಾನ ಮಾಡುತ್ತಿದ್ದಾರೆ. ಈ ಶಿಬಿರಾರ್ಥಿಗಳಿಗೆ ಬಾಡಿಗೆ ಹಳ್ಳಿ ಗ್ರಾಮಸ್ಥರು ಸಂಪೂರ್ಣ ಸಹಕಾರ ನೀಡಬೇಕೆಂದು ಉಚಿತ ಆರೋಗ್ಯ ತಪಾಸಣೆ ನಡೆಯುತ್ತಿದೆ ಇವು ಗ್ರಾಮಸ್ಥರು ಸಮಯೋಗಪಡಿಸಿಕೊಳ್ಳಬೇಕು ಎಂದರು.

ಸಮಾರಂಭದಲ್ಲಿ ಜಿ.ಎಸ್.ಎಸ್. ಪ್ರಾಧ್ಯಾಪಕ ಒಂ.ಪ್ರಮೋದ್ ಕುಮಾರ್, ಎಸ್.ಡಿ.ಎಂ.ಸಿ.ಆಧ್ಯಕ್ಷ ಲಿಂಗಯ್ಯ, ಗ್ರಾ.ಪಂ.ಆಧ್ಯಕ್ಷ ಕುಳ್ಳಿಗೌಡ, ಡೈರಿ ಆಧ್ಯಕ್ಷ ನಾಗರಾಜು, ಗ್ರಾ.ಪಂ.ಸಹಾಯಕ ಕೆ.ಎಸ್.ಎಂ.ಯಕುಮಾರ್, ನಿವೃತ್ತ ಶಿಕ್ಷಕ ಸಿದ್ದಪ್ಪ, ಅಶ್ವಿನಿಮಠ್, ದಾ.ಎಂ.ಎಂ.ಮೇಲ್, ಬಿ.ಆರ್.ಜಯದೇವಕುಮಾರ್, ಸೋಮೇಶ್ವರ್, ಸೇರಿದಂತೆ ಹಲವರು ಉಪಸ್ಥಿತರಿದ್ದರು.

## ಹಣಕಾಸಿನ ಆರೋಗ್ಯ ಮುಖ್ಯ : ಡಾ.ಸಂಜಯ್ ಕುಮಾರ್ ತರಬೇತಿ

ಶ್ರೀರಂಗಪಟ್ಟಣ : ಸಾರ್ವಜನಿಕರು ಹಣಕಾಸಿನ ಸಂಪಾದನೆ ಮಾಡುವ ಒತ್ತಡದಲ್ಲಿ ತಮ್ಮ ಆರೋಗ್ಯ ಮುಖ್ಯ ನೈರ್ಮಲ್ಯ ಮರೆಯಬಾರದು ಎಂದು ಡಾ.ಸಂಜಯ್ ಕುಮಾರ್ ಸಾರ್ವಜನಿಕರಿಗೆ ಸಲಹೆ ನೀಡಿದರು.

ತಾಲೂಕಿನ ಶ್ರೀನಿವಾಸ್ ಅಗ್ರಹಾರ ಬಳಿ ಇರುವ ಕರಿಪ್ಪಾಟು ನಾಗಪ್ಪ ಕಲ್ಯಾಣ ಮಂಟಪದಲ್ಲಿ ಮೈಸೂರಿನ ಜಿ.ಎಸ್.ಎಸ್ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯದಿಂದ ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆಯಡಿಯಲ್ಲಿ ತಜ್ಞ ವೈದ್ಯರಿಂದ ಏರ್ಪಡಿಸಿದ್ದ ಉಚಿತ ವೈದ್ಯಕೀಯ ತಪಾಸಣೆ ಚಿಕಿತ್ಸಾ ಶಿಬಿರ ಉದ್ಘಾಟಿಸಿ ಮಾತನಾಡಿದರು.

ಇಂದು ಪ್ರತಿಯೊಬ್ಬ ಮನುಷ್ಯನೂ ಹಣ ಮಾಡುವ ಒತ್ತಡದಲ್ಲಿ ನಿಲ್ಲದೆ, ಊಟ ಬಿಟ್ಟು ದುಡಿಯುತ್ತಿರುವುದರಿಂದ ಹಲವಾರು ರೋಗಗಳಿಗೆ ತುತ್ತಾಗುತ್ತಾನೆ. ಆದ್ದರಿಂದ ಒತ್ತಡದ ಕೆಲಸಕ್ಕಿಂತ ಆರೋಗ್ಯದ ಕಡೆ ಹೆಚ್ಚು ಗಮನಕೊಡಬೇಕೆಂದು ಕಿವಿಮಾತು ಹೇಳಿದರು.

ತಪಾಸಣೆ ಶಿಬಿರದಲ್ಲಿ ಸಾಮಾನ್ಯ



ಆರೋಗ್ಯ, ಸ್ತ್ರೀ ರೋಗ, ಕಿವಿ, ಮೂಗು, ಗಂಟಲು, ಚರ್ಮರೋಗ, ನೇತ್ರ ಚಿಕಿತ್ಸೆ, ಮೂಳೆ, ಕೀಲು, ದಂತ ರೋಗಿಗಳಿಗೆ ವಿವಿಧ ರೀತಿಯ ತಪಾಸಣೆ ನಡೆಸಿದರು. ನೂರಾರು ರೋಗಿಗಳು ವೈದ್ಯಕೀಯ ತಪಾಸಣೆ ಒಳಗಾದರು. ಕೆ.ಶೆಟ್ಟಿಹಳ್ಳಿ ಗ್ರಾ.ಪಂ. ಆಧ್ಯಕ್ಷ ರವಿ, ಪಿಡಿಒ ಸುರೇಂದ್ರ, ಎಸ್.ಎಲ್. ದಿವಾಕರ್, ಶಿವಕುಮಾರ್, ಜವರೇಗೌಡ, ಧನರಾಜ್, ಮಹೇಶ್, ವೆಂಕಟೇಶ್ ಅರಸ್, ಯುವಕರು, ಮುಖಂಡರು ಹಾಜರಿದ್ದರು.



**NSS Programme coordinator**

**Registrar**

**JSS University, Mysore**

**Date: 28/03/2015**

**Place: Mysore**

