



JSS Academy of Higher Education & Research

(Deemed to be University)
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JSS Academy of Higher Education & Research

Sri Shivarathreeshwara Nagara,

Mysuru-570015


National Service Scheme (NSS)

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Annual Report 2019-20



PATIENTS ARE OUR DEAREST
H H JAGADGURU
DR. SRI SHIVARATHRI RAJENDRA MAHASWAMIJI
FOUNDER PRESIDENT



His Holiness Jagadguru Dr. Sri Sri Shivarathri Rajendra Mahaswamiji, the 23rd Pontiff of Jagadguru Sri Veerasimhasana Mahasamsthana Math, popularly known as Sri Suttur Math, inherited the legacy of the 10 century old Srimath at an early age. He was born on 29-8-1916 and ascended the peetha on 28-2-1928 when he was hardly twelve. He shared the responsibilities with his senior, Jagadguru pattada Shivarathri Mahaswamigalu. He shouldered the responsibilities of the Srimath for more than half a century, taking each step towards service of humanity on every possible way.

Besides being the patron of arts, literature and music, he was a scholar in kannada and Sanskrit. He sacrificed his educational career to provide succor to the helpless poor. The Burning desire to assuage the educational needs of lakhs of rural children, he started the first free Hostel at Mysore in 1941. Thus began his journey of socio-economic transformation of the region with the establishment of Schools, Colleges and Sanskrit Pathashalas in and around Mysore. A single-minded dedication, aimed at the welfare of all, goaded him to tread the path of sacrifice. The Incredible divine grace coupled with intense and sustained focus resulted in materialization of his great dreams of establishing free schools and hostels, professional colleges, centers of art, music and literature etc. Jagadguru Dr. Sri Shivarathri Rajendra Mahaswamiji had a strong vision of starting educational institutions in rural areas considering the hardship of students coming to cities seeking education. In order to make this possible, he started the Jagadguru Sri Shivarathreeswara Mahavidyapeetha in 1954. Under the untiring efforts of Jagadguru Dr. Sri Shivarathri Rajendra Mahaswamiji, the Vidyapeetha has witnessed enormous growth in the field of education. Thousands of children, men and women found solace under his boundless compassion.



JSS Academy of Higher Education & Research (JSSAHER),

Mysuru, Karnataka, India

JSSAHER'S Social Responsibility Statement

‘Touching the lives of Millions’



JSS AHER'S Social Responsibility is an approach of ethical and intelligent management, which involves both its impact on its human, social and natural context, and its active role on the promotion of Sustainable Human Development of the country. Within this approach, “Sustainable Campus” is a strategy that strives to reduce the ecological footprint of the Institution via a rational use of resources and to educate the JSSAHER community on the ethics of sustainability.

Proud moment

**His Holiness Swamiji-
Chancellor with Excellency
Late Dr. APJ Abdul Kalam
Former President of India**

JSSAHER with the legacy of more than 1000 years of its Founding organization Sri Suttur Math and the sponsoring society–JSS Mahavidyapeetha is acutely aware of its social responsibilities and is confident in stating that it already goes well beyond what is expected of an organization.



JSSAHER and its Social Responsibility

Although Corporate Social Responsibility (CSR) is a relatively new concept, JSSAHER has embraced CSR principles based on the contributions made for several decades, particularly at a local and regional level. An organization's internal and external practices can influence their employees, customers, partners and environment in a positive manner.

This document highlights our commitment to CSR locally, regionally, nationally and internationally. The JSSAHER's vision is nurture and develops the talents of students and to create applicable knowledge in order to support social and economic advancement.

Social Responsibility is part of the JSSAHER'S Strategic plan and is important to our Institution, Faculty and students and aims at making Organizational, Cognitive, social and educational impact.

JSSAHER is committed –

1. To promote ethical standards to be adopted by students, staff and other members of JSSAHER community.
2. To raise the educational aspirations of people in the community, as well as across the country and encourage their greater participation in higher education.
3. To encourage an inclusive environment without barriers to achievement, where students and staff are highly valued, based on mutual respect.
4. To provide a Higher Education Institute campus environment and range of facilities, both educational and recreational, which are attractive, accessible and stimulating.
5. To integrate with and support the needs of our community and our region.
6. To embrace environmental responsibility and sustainable development principles, to make a positive contribution to urban regeneration and to ensure that any adverse environmental impact of our activities is minimized.



Touching the lives....

To the students

1. As a most respected Higher Education Institute in the health sciences attract students from a range of backgrounds nationally and internationally.
2. Listening and responding to the student voice, with a shared understanding of our mutual responsibilities.
3. Providing a range of student support that covers all issues including support too low income group students.
4. Student preparation towards a responsible citizenship for a Sustainable Development.

To the staff

1. Adopt best practices in its Human Resources Management policies and Practices.
2. Assist staff to develop their full potential as members of the JSSAHER's workforce and provide opportunities for professional development.
3. Observe the fundamental tenets of human rights, safety and non-discrimination.
4. Provide fair compensation and implement minimum wages policy.
5. Involve employees in the decision making processes, where appropriate.
6. Providing opportunities for staff to undertake projects with local communities.

To our environment

1. Ensure that the developments in JSSAHER are sustainable and do not have a negative impact on the environment.
2. Promote the concepts of the 3Rs of Reduction, Reuse and Recycling and eliminate, where possible, the use of non- degradable materials.



3. Aim for a continuous reduction of the carbon footprint of the Institution.
4. Provide equipment, training and other resources to ensure a healthy and safe environment for the students and staff.
5. Continuously work and evolve environmental improvements in the way we manage our transport, waste and energy.

To our City and our community

1. To work with the City of Mysore and regional partners to raise the health profile of the City and the Mysore and neighboring districts ; and in partnership help secure the economic, health, social and cultural regeneration of the City and region.
2. Enriching the Institution and City socially, culturally and economically, with our diverse and vibrant student population.
3. Make significant and major contributions through our Faculty to the Social Responsibility agenda including:
 - the training of the future health professional workforce
 - the ongoing support for health professionals
 - support JSS Hospital to provide access to quality healthcare at affordable costs
 - Nurture and contribute to research that impacts healthcare and health policies and makes significant contribution to national and global health.
4. Working with young people in local schools:
 - to discuss health and science and its relevance to their everyday lives
 - to inspire them to consider careers in science and health and apply to Institution in the future
 - to devise creative and fun activities to help engage them
5. By involving the public/patients in our work to improve the quality of our teaching and healthcare delivery.

Proud to be touching the lives of millions!

Being socially responsible, be it as an individual, a group, or an organization is something we believe in very strongly and it makes us proud, as a Higher Education Institution, to highlight our commitment in this area. JSSAHER is acutely aware of its



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responsibilities to its community, its city and its wider environment
and the way it touches the 'Lives of Millions'.

JSS Academy of Higher Education & Research

Sri Shivarathreeswara Nagara,

Mysuru-570 015,

Karnataka, India

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NATIONAL SERVICE SCHEME

ANNUAL REPORT OF

JSS Academy of Higher Education & Research, Mysuru

	Report for the period ending.	1 st April 2019 TO 31 st March 2020		
BASIC INFORMATION ABOUT UNIVERSITY				
	State	Karnataka		
	University	JSS Academy of Higher Education & Research, Mysuru		
	Name of the Programme Co-ordinator	Dr. K L Krishna		
	Whether part time/full time	Part Time		
	Date of appointment	Day	Month	Year
		01	04	2016
	No. of supporting staff for NSS at University/+2 level (including Programme Coordinator)	01+01		
	Date of last meeting of University level Advisory Committee	Day	Month	Year
		16	07	2019
	NSS volunteers strength:	450		
	Total No. of student population of the University	5478		
	NSS strength allocated by State Government	450		
	Actual No. of NSS volunteers	512		
	Male 251 Female 261	Total 512		
	No. of colleges having NSS	05		
	Total No. of NSS units	05		
	No. of programme officer in position	05		
	No. of programme officers trained	04		
	No. of villages /slums adopted	12		



FUNDS FOR NSS REGULAR/SPECIAL PROGRAMMES						
	Funds received by the JSS AHER			Received Rs. 415000.00 for NSS activities for the Year 2019-20 On 3rd Jan 2020		
	for Regular Activities (Govt. fund)			for Special Camps (Govt. fund)		
	Day of receipt 06.02.2020 (56 %) 20.05.2020 (20%)			Day of receipt 06.02.2020 (56 %) 20.05.2020 (20%)		
	Amount received 63,000.00 (56 %) 22, 500.00 (20%)			Amount received 56,700.00 (56 %) 20,250.00 (20%)		
	Day	Month	Year	Day	Month	Year
	NA			NA		
	SPECIAL CAMPING PROGRAMME					
I)	Total No. of volunteers participated			50		
ii)	No. of camps organised			01 (other 4 units were unable to organize the special camping activities due to prevailing condition of Covid-19. The special camping activities of 2019-20 will be held once the condition normalizes)		
Activity description : (column under which no activity has been conducted may be left blank)						
(1)	LITERACY					
1.1	No. of student volunteers participated			Male 120 Female 75		
1.2	No. of villages/slums adopted for total literacy			5		
1.3	Total No. of illiterates			Male 150 Female 250		
1.4	No. of persons made literate			Male 100 Female100		
1.5	No. of villages/adopted areas made full literate: (indicate literacy Status/percentage attained in the adopted area) attach list.			Nil		
2	ENVIRONMENT/WASTELAND DEVELOPMENT AND CONSERVATION					
2.1	No. of camps organised			05		
2.1.1	Tree plantation (van)					
2.1.2	No. of saplings planted			500		
2.1.3	Rate of survival (no. of plants survived/total no. of plantation x100)			250		
2.1.4	Area proposed to becovered			_____Hectares		
	actual area covered			_____Hectares		
2.1.5	Any other environment programme					



	area covered	
	No. of beneficiaries	500
2.2	Reconstruction/repair of roads	
2.2.1	Distance laid	_____Kms.
2.2.2	No. of days	
2.3	Watershed Conservation and drinking water facilities:	
2.3.1	No. of camps/campings organised on the issue	
2.3.2	No. of wells/cross bunds/watershed/harvesting structures/irrigation canals/any Otherplanned	
2.3.3	No. of suchfacilitiescreated	
3	HEALTH AND FAMILY WELFARE	
3.1	Immunisation/health camps	10
3.1.1	Immunisation/health camps conducted	05
3.1.2	Details of health programme organised & beneficiaries	Male 400 Female 200
	Health programme (specify)	<p>1. Smoking cessation programme at periyapattana KSRTC, Depot on 31st July 2019 by NSS Unit of JSS Dental College and hospital. In the programme explained ill effects of smoked and smokeless forms of tobacco consumption. History was elicited each employee of KSRTC depot and whoever consuming tobacco in various forms was given individual counselling about tobacco cessation.</p> <p>2. Health screening camps were conducted during the special camping activity of JSS Dental College & Hospital Unit. Every day different health screening camps were conducted.</p>
3.2	BLOOD DONATION CAMPS.	
3.2.1	No. of blood donation camps Conducted	03
3.2.2	No. of units of blood collected	140



3.3	Population education:	06
3.3.1	Immunisation/health camps conducted	03
3.3.2	No. of persons covered	Male - 250 Female - 250
3.4	Eradication of drug abuse:	02
3.4.1	No. of camps/awareness campings held	03
	No. of beneficiaries	Male100 Female100
4.	PROGRAMME FOR WOMEN	
	Nature of programme:	Health education- menstrual hygiene was conducted by NSS Unit of JSS Medical College for college students on 19-8-19. About 200 college students were oriented about the importance of menstrual hygiene.
4.1	No. of camps organised	01
4.2	No. of beneficiaries	200
4.3	Campaign against social evils (if any)	Nil
5.	WORK IN HOSPITALS, ORPHANAGES & DESTITUTE HOMES:	
5.1	No. of persons benefitted	450
6.	WORK DURING EMERGENCIES	
6.1	Type of work: Cyclone/Earthquake/ Floods/ Draught/ Riots/Other Areas (specify)	1. Kerala and North Karnataka Floods 2. Covid-19 pandemic 3. Demonstration on “Fire Safety Protocols” and Educative lecture on “How to Extinguish Fire” by the Department of Fire and Emergency Services, Fire Brigade, Bannimantap. Conducted at JSS Dental College & Hospital Mysuru.
6.2	No. of persons benefitted	7045
7.	AIDS AWARENESS (UTA)	
7.1	No. of colleges/+ 2 schools identified	01
7.2	No. of programme officers trained	01
7.3	No. of peer educators trained	01



7.4	No. of beneficiaries	200
8.	Any other programme not covered above, please give statistical data in 50 words:	<ol style="list-style-type: none">1. About 300 NSS volunteers were participated in Yoga day celebration to create an awareness of Yoga and its impact on general health on 21st June 2019.2. Anti tobacco rally on 17-6-19.3. Session on rain water harvesting and water conservation on 19-8-19.4. Session on ill effects of plastic usage and waste segregation at source on 19-8-19.5. Session on menstrual hygiene on 19-8-19.6. Participation in Yoga chain event on 4-10-19.7. Conducted a dental check up and treatment camp at Government High School, Marballi on 29th July 2019. The camps benefited a total of 192 school students were offered dental check up and one to one counseling. A total of 13 received basic treatments such as oral prophylaxis, restorations and extractions at the camp site and those who required further treatment were referred to JSS Dental College and Hospital.8. NSS Cell, JSS Academy of Higher Education & Research, Mysuru under the umbrella of National Service Scheme celebrated NSS Day and Golden Jubilee celebration of NSS from 20th to 24th Sep 2019 by various activities. NSS Unit of JSS Dental College & Hospital, Mysuru organized all the activities on behalf of University in association with all other NSS Units. NSS Day and Golden Jubilee celebrations of NSS was held on 24th Sep 2019 at 11 am in the Sri Rajendra Auditorium, JSS College of Pharmacy, Mysuru. The function



		<p>was inaugurated by Dr. Yellappa Reddy, Environmentalist and Former Forest Service Officer, Bengaluru, where as Dr. B. Manjunatha, Registrar, JSS Academy of Higher Education & Research; Mysuru presided over the function. Dr. P A. Kushalappa, Director, Academics, JSS AHER, Dr. Ravindra S, Principal, JSS Dental College and Hospital, Dr. Ravisha K A, Head, Department of Faculty of Life Sciences, JSS AHER, Dr. Mamatha H K, Coordinator, Department of Health System and Management, JSS AHER, Sri. Sathish Chandra, Administrative Officer, JSS Medical College and Dr. K L Krishna, NSS Program Coordinator of JSS AHER were present in the function.</p> <p>University Best NSS Volunteers awards for the year 2018-19 were given.</p> <p>Various activities were organized from 20th to 24th Sep 2019, ESSAY WRITING COMPETITION of the topic of ‘Problem caused by the plastic bags’ was held on 20th Sep 2019 at JSS College of Pharmacy, Mysuru. On the same day, in the afternoon DRAWING COMPETITION on the theme “Nature, Calamity and Service” was held at Faculty of Life Sciences campus, JSS AHER. Short film competition was held on 23rd Sep 2019 based on the theme of “Water</p>
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		<p>Resources Management” and event was organized by NSS Unit of JSS Medical College, Mysuru.</p> <p>A rally was organized on 21st Sep 2019 to create awareness about menace of use of SINGLE USE PLASTIC from 9 am to 12 noon.</p> <p>Sunday, 22nd Sep 2019 from morning 7 to 10 am a Health screening camp for the residents of Chamundi Hill as well as morning walkers was arranged. Health checkup for Blood pressure, diabetes and Body Mass Index was done for free of cost for more than 200 patients.</p> <p>09. National Service Scheme (NSS) of JSS Dental College and Hospital organized awareness programme about harmful effects of tobacco to ASHA workers of varuna village. There are 22 ASHA workers were trained regarding tobacco cessation techniques.</p> <p>10. National Integration Camp (NIC) 2020</p> <p>NSS Cell, Youth Empowerment and Sports Department, Govt. of Karnataka and JSS Academy of Higher Education & Research, Mysuru under the aegis of NATIONAL SERVICE SCHEME jointly organized National Integration Camp from 5th to 11th March 2020.</p> <p>More than 150 NSS Volunteers/NSS Program officers participated in the program from different regions of the country like Gujarat, Rajasthan, Tamil Nadu, Andhra Pradesh, Kerala, Maharashtra Pondicherry and Karnataka.</p>
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	<p>More than 15 university's NSS volunteers/officers participated in the camp.</p> <p>Smt. Salumarada Thimmakka, Padmashri Awardee inaugurated the program on Thursday 5th March 2020 at 3.30 pm at Sri. Rajendra auditorium, JSS College of Pharmacy, Sri Shivarathreeshwara Nagara, Mysuru.</p> <p>Valedictory function of National Integration Camp was held on 11th March 2020 at 11:00 am at Sri. Rajendra Auditorium, JSS College of Pharmacy, Sri. Shivarathreeshwara Nagara, Mysuru. Dr. T.M. Pramod Kumar, Dean, Faculty of Pharmacy, JSS AHER, Mysuru was the chief guest and Dr. Chandrashekar B Coordinator, NSS ETI Centre, University of Mysuru, Mysuru was the guest of honour.</p> <p>In the National Integration Camp, NSS flag hoisting was done every day at 6:15 with a theme for each day. Yoga and Meditation training was organized every day between 7am to 8am. Shri Mukandan, Yoga Guru, Mysuru, trained the students. Cultural activities & competition were conducted daily from 4:30pm to 8:30pm</p> <p>On 6th March, the program began with speaker Mrs. Rashmi Raj, Graphologist, Bengaluru, who delivered a lecture on Handwriting Therapy by Parivartan Academy, Bengaluru which was followed by Sri. Vipul Kumar, IPS, ICG, Southern Region and Director, Karnataka Police Academy, Mysuru, who spoke on the Role of Youth in National Integration. Post</p>
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	<p>lunch Dr. Manjappa M, Asst. Professor, JSS Medical College, Mysuru highlighted the importance of “Caring of Own Heart”. The session continued with Mr. Harish Machia Kodanrera, Professional Personality Trainer, Mysuru who delivered a talk on “Professional Approach to Planning Personality for the Planet”.</p> <p>On 7th March 2020 a state level training programme on “Enhancing Knowledge and Skills of NSS Programme Officers to Educate Community on Prevention and Control of Common Cancers” was organized in collaboration with Yenepoya (Deemed to be University). Post lunch Dr. Lancy D Souza, Professor, Maharaj College, Mysuru talked on Influence of New Media on Youth followed by Sri Bhawani Shankar, Headmaster, JSS High School, Pedaguru, Gundalpet taluk demonstrated about the ill effects of black magic</p> <p>On 8th March,2020 as per the schedule of the camp, field visit and tour was organized for all volunteers from 7am - 10pm. Students visited the Suttur math, Chamundi hill, Mysore Palace, Srirangapatna and KRS, Brindavan garden, St Philomena Church and Venugopala swamy temple</p> <p>On 9th March 2020 the day began with a lecture and demonstration on basic life support by Dr. Javali Ramesh Babu Professor & Head, Dept. of emergency medicine and team, JSS Medical College, Mysuru. Post lunch Mr Kapil, entrepreneur, Art of living centre,</p>
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		<p>Bengaluru who spoke on Mind management followed by Dr. M.P. Varsha, Special Advisor to the 1st Vice President of Nepal shared the importance of water management ie Jalashakthi Abhiyan.</p> <p>10th March 2020 about 100 plant saplings were planted, Health Screening camp was conducted and play ground was made at Govt. Primary High School, Karnataka Police Academy Campus, Mysuru and Dr. P A Kushalappa, Director (Academics), JSS Academy of Research and Education, Mysuru inaugurated the event. Dr. T.M. Pramod Kumar, Principal, JSS College of pharmacy, Mysuru, Dr K.L Krishna, NSS Program coordinator, JSS Academy of Research and Education, Mysuru, all the NSS program officers from different states were involved in this activity.</p>
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Place: Mysuru

(Dr. K L Krishna)

Date: 21.08.2020

Signature of the Programme Coordinator NSS



11th NSS Advisory Committee held on

Friday, 26th July 2019 at 11.30 am in Board Room,

JSS Academy of Higher Education & Research, Mysuru

Members Present

1. Dr. Basavana Gowdappa H, Vice-Chancellor, JSS AHER, Mysuru.	Chairman
2. Dr. B. Manjunatha, Registrar, JSS AHER, Mysuru.	Member
3. Mrs. Kokila M.S. Deputy Registrar (Sr. Grade), JSS AHER, Mysuru.	Member
4. Sri. C.C. Hiremath, Finance Officer, JSS AHER, Mysuru.	Member
5. Prof. Gurupadaswamy, Ex. Professor of Economics, Maharajas College, Former NSS Programme coordinator, University of Mysore, Mysuru	Member
6. The Principal, JSS Dental College & Hospital, Mysore	Member
7. The Principal, JSS Medical College, Mysuru.	Member
8. The Principal, JSS College of Pharmacy, Mysuru.	Member
9. The Head, Dept. of Life Sciences.	Member
10. Dr. HV. Gangadharappa, JSS College of Pharmacy, Mysuru	Member
11. Dr. Sunil Kumar. D Ex-NSS POs, JSS MC, Mysuru.	Member
12. Dr. Tippetwamy M H, NSS PO, JSS Dental College and Hospital, Mysuru.	Member
13. Dr. Gowrav, M.P. NSS PO, JSS College of Pharmacy, Mysuru.	Member
14. Dr. Raghu Ram Achar, NSS PO, JSS University Dept. Mysuru	Member
15. Dr. Babu, NSS PO, JSS College of Pharmacy, Ooty.	Member
16. The Volunteer, NSS Unit, JSS Medical College, Mysuru	Member
17. The Volunteer, NSS Unit, JSS Dental College & Hospital, Mysuru.	Member
18. The Volunteer, NSS Unit, JSS College of Pharmacy, Mysuru.	Member
19. The Volunteer, NSS Unit, JSS College of Pharmacy, Ooty	Member
20. The Volunteer, NSS Unit, JSS University Dept., JSS AHER, Mysuru	Member
21. Dr. K.L. Krishna, NSS PC, JSS AHER, Mysuru.	Member Secretary

Members sought leave of absence

1. Dr. Gananatha Shetty, State NSS Officer, MS Building, Bengaluru	Member
2. Regional Director NSS, Basavanagudi, Bengaluru	Member



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|---|--------|
| 3. The Principal, JSS College of Pharmacy, Ooty. | Member |
| 4. Dr. Chandrashekar, NSS Program Coordinator and Coordinator,
NSS ETI Center, UoM, Mysuru | Member |
| 5. Dr. V. Balamuralidhara, Asst. Professor, JSS CP, Mysuru. | Member |

AGENDA were as follows

1. To review the minutes of the previous meeting.
2. NSS Annual report of the year 2018-19.
3. To organize National Integration Camp (NIC) for the year 2019-20.
4. Training for the untrained NSS officer(s).
5. Enrollment of NSS Volunteers for the year 2019-20.
6. Constitution of NSS Advisory committees at colleges and convening meeting for the year 2019-20
7. Calendar of events for NSS activities for the year 2019-20.
8. Celebration of NSS day-2019 and to nominate for University level best NSS volunteers (male and female) awards 2019.
9. Theme for the NSS Activities -2019-20.
10. To complete NSS special camping activities before 31st January 2020.
11. Submission of quarterly/half yearly report for the academic year 2019-20
12. Utilization of funds by the NSS Units for the year 2019-20
13. Submission of annual report 2019-20
14. Submission of original bills/ vouchers 2019-20
15. Submission of Out of pocket allowances 2019-20
16. Any other subjects with the permission of the chair.

- 11.1 At the outset Dr. K.L. Krishna NSS Programme Coordinator (NSS PC) has extended warm Welcome to members and introduced the members of the NSS advisory committee to the Chairman.

He requested Dr. Basavana Gowdappa H., Hon'ble Vice Chancellor, JSS AHER to Chair the session and to preside over the meeting.

- 11.2 The NSS PC informed the committee that, MoM of 10th Advisory committee meeting (ACM) was circulated to all members & requested their suggestion/remarks. Since no suggestions/remarks were received, NSS PC sought the confirmation of MoM of 10th ACM. The committee confirmed the MoM of 10th ACM.



The NSS PC presented the minutes & action taken report of the 10th NSS ACM. The members have gone through in detail and expressed satisfaction on the action taken report and no further remarks were received.

The Program NSS PC informed all members that, facebook page for NSS activities is created and all NSS related activities are put up in the facebook page (<https://www.facebook.com/jssunss>).

He also informed that, a separate web link is made in the University website (<https://www.jssuni.edu.in/JSSWeb/WebShowFromDB.aspx?MID=17501&CID=0&PID=10009>) for NSS activities and all NSS related photos/activities are posted in the website. It is brought to the notice of all members that, the webpage is linked to all NSS units, where college wise NSS activities can be seen.

11.3.1 While presenting the NSS report for the year 2018-19, it was presented as total strength of NSS Volunteers is 450 as per Govt. sanctioned intake. However the committee suggests to Present as 500 volunteers strength including 50 NSS volunteers strength supported by University.

11.3.2 The NSS PC informed to the committee that, one PO Dr. Babu was suppose undergo NSS training as per 2018-19 requirements. It was not done due to non conduct of NSS training by ETI center in University of Mysore for the year 2018-19. Now total three officer's needs to undergo training, since new POs are appointed for JSS MC and JSS DC& H NSS Units. The Chairman directed PC to send all untrained NSS PO (including Assistant PO of JSS MC Unit) for training this year.

11.3.3 The NSS PC presented the 2018-19 annual budgets for NSS activities and the details are given below.

Funds released from the Govt. of Karnataka for the year 2018-19

Activity	Sanctioned Amount (Rs.) (Date of receipt)	Utilized Amount (Rs.)
Regular Activity	78,750.00 (28 th Feb 2019)	78,750.00
Special Camp activity	70,875.00 (28 th Feb 2019)	70,875.00



NSS PC informed that, only 70 % of fund for regular and special camping activities was received from the Govt. and still 30% is needs to be released from the Govt. of Karnataka. He has informed that, from this year onwards, the financial transaction for NSS funds will be done by PFMS (Public Fund Management System). All NSS officers were trained to handle PFMS and accounts was settled by PFMS this year.

Funds from JSS AHER and its allocation for the year 2018-19

Particulars	For Each Unit in Rs.	Total in Rs.
Fund to organize NSS Activity- JSSMC, JSSDC&H, JSSCPM and JSSCPO	50,000.00	2,00,000.00
Funds for JSSU NSS Unit	50,000.00	50,000.00
Special Allowance to POs @ Rs 1000/per month (Five POs)	12, 000.00	60,000.00
Allowance to PC @ Rs 2000/per month	24, 000.00	24,000.00
TA/DA for PC to attend NSS meetings and other NSS activities	25,000.00	25,000.00
University NSS activities	----	45,000.00
Auditor's fee	----	6,000.00
Clerical Remuneration @ 5000/annum	5,000.00	5,000.00
<i>Total</i>		4,15,000.00

NSS PC informed that, this year Rs. 3,90,000/- (Rupees three lakh ninety thousand only) released from the University and sanctioned amount was 4,15,000.00 (Rupees four lakh fifteen thousand only). He informed to the committee that, FO informed to submit one more request for release of Rs. 25,000/- (Rupees twenty five thousand only) and the same will be submitted. The sanctioned amount was utilized for NSS activities 2018-19.

FO asked NSS PC, whether the Utilization Certificate for University grant is submitted or not and NSS PC said it is not submitted and will be submitted at the earliest.



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Total Amt received for NSS activities 2018-19			Total Monetization		
Activity	Amt in Rs	Grand total in Rs	Activity	Amt in Rs	Grand total in Rs
Regular activities (Govt.)	1,12,500.00 (78,750.00)	5,93,750.00	NSS Regular activities	15, 02,520.00	30,57,220.00
Special Camping Activities (Govt.)	1,01,250.00 (70,875.00)		NSS Special Camping Activities	15,54,700.00	
From JSS AHER	3,90,000.00				
Total societal contribution				24,63,470.00	

REGISTRAR



UNIVERSITY LEVEL NSS ACTIVITIES 2019-20

National Integration Camp (NIC) 2020

NSS Cell, Youth Empowerment and Sports Department, Govt. of Karnataka and JSS Academy of Higher Education & Research, Mysuru under the aegis of **NATIONAL SERVICE SCHEME** jointly organized National Integration Camp from 5th to 11th March 2020.

More than 150 NSS Volunteers/NSS Program officers participated in the program from different regions of the country like Gujarat, Rajasthan, Tamil Nadu, Andhra Pradesh, Kerala, Maharashtra Pondicherry and Karnataka. More than 15 university's NSS volunteers/officers participated in the camp.

Smt. Salumarada Thimmakka, Padmashri Awardee inaugurated the program on Thursday 5th March 2020 at 3.30 pm at Sri. Rajendra auditorium, JSS College of Pharmacy, Sri Shivarathreeshwara Nagara, Mysuru.

Valedictory function of National Integration Camp was held on **11th March 2020** at 11:00 am at Sri. Rajendra Auditorium, JSS College of Pharmacy, Sri. Shivarathreeshwara Nagara, Mysuru. Dr. T.M. Pramod Kumar, Dean, Faculty of Pharmacy, JSS AHER, Mysuru was the chief guest and Dr. Chandrashekar B Coordinator, NSS ETI Centre, University of Mysuru; Mysuru was the guest of honour.

In the National Integration Camp, NSS flag hoisting was done every day at 6:15 with a theme for each day. Yoga and Meditation training was organized every day between 7am to 8am. Shri Mukandan, Yoga Guru, Mysuru, trained the students. Cultural activities & competition were conducted daily from 4:30pm to 8:30pm

On 6th March, the program began with speaker Mrs. Rashmi Raj, Graphologist, Bengaluru, who delivered a lecture on Handwriting Therapy by Parivartan Academy, Bengaluru which was followed by Sri. Vipul Kumar, IPS, ICG, Southern Region and Director, Karnataka Police Academy, Mysuru, who spoke on the Role of Youth in National Integration. Post lunch Dr. Manjappa M, Asst. Professor, JSS Medical College, Mysuru highlighted the importance of "Caring of Own Heart". The session continued with Mr. Harish Machia Kodanrera, Professional Personality Trainer, Mysuru who delivered a talk on "Professional Approach to Planning Personality for the Planet".

On 7th March 2020 a state level training programme on "Enhancing Knowledge and Skills of NSS Programme Officers to Educate Community on Prevention and Control of Common Cancers" was organized in collaboration with Yenepoya (Deemed to be University). Post lunch Dr. Lancy D Souza, Professor, Maharaj College, Mysuru talked on Influence of New Media on Youth followed



by Sri Bhawani Shankar, Headmaster, JSS High School, Pedaguru, Gundalpet taluk demonstrated about the ill effects of black magic

On 8th March, 2020 as per the schedule of the camp, field visit and tour was organized for all volunteers from 7am -10pm. Students visited the Suttur math, Chamundi hill, Mysore Palace, Srirangapatna and KRS, Brindavan garden, St Philomena Church and Venugopala swamy temple

On 9th March 2020 the day began with a lecture and demonstration on basic life support by Dr. Javali Ramesh Babu Professor & Head, Dept. of emergency medicine and team, JSS Medical College, Mysuru. Post lunch Mr Kapil, entrepreneur, Art of living centre, Bengaluru who spoke on Mind management followed by Dr. M.P. Varsha, Special Advisor to the 1st Vice President of Nepal shared the importance of water management i.e. Jalashakthi Abhiyan.

10th March 2020 about 100 plant saplings were planted, Health Screening camp was conducted and play ground was made at Govt. Primary High School, Karnataka Police Academy Campus, Mysuru and Dr. P A Kushalappa, Director (Academics), JSS Academy of Research and Education, Mysuru inaugurated the event. Dr. T.M. Pramod Kumar, Principal, JSS College of pharmacy, Mysuru, Dr K.L Krishna, NSS Program coordinator, JSS Academy of Research and Education, Mysuru, all the NSS program officers from different states were involved in this activity.



NIC activities





Visit to Suttur



Valedictory of NIC





NSS Day and Golden Jubilee celebration of NSS

NSS Cell, **JSS Academy of Higher Education & Research, Mysuru** under the umbrella of **National Service Scheme** celebrated **NSS Day and Golden Jubilee celebration of NSS** from 20th to 24th Sep 2019 by various activities. NSS Unit of JSS Dental College and Hospital, JSS AHER Mysuru was organized all the activities on behalf of University in association with all NSS Units.

NSS Day and Golden Jubilee celebrations of NSS was held on 24th Sep 2019 at 11 am in the Sri Rajendra Auditorium, JSS College of Pharmacy, Mysuru. The function was inaugurated by **Dr. Yellappa Reddy**, Environmentalist and Former Forest Service Officer, Bengaluru, whereas **Dr. B. Manjunatha**, Registrar, JSS Academy of Higher Education & Research; Mysuru presided the function. Dr. P A. Kushalappa, Director, Academics, JSS AHER, Dr. Ravindra S, Principal, JSS Dental College and Hospital, Dr. Ravisha K A, Head, Department of Faculty of Life Sciences, JSS AHER, Dr. Mamatha H K, Coordinator, Department of Health System and Management, JSS AHER, Sri. Sathish Chandra, Administrative Officer, JSS Medical College and Dr. K L Krishna, NSS Program Coordinator of JSS AHER were present in the function.

Awards for **Best University NSS Volunteers of 2018-19** and winners of various competitions were given.

Dr. Ravindra S, Principal, JSS Dental College and Hospital welcomed the guests and Dr. Thippeswamy H M, NSS PO of JSS Dental College and Hospital proposed vote of thanks.

Dr. K L Krishna, NSS Program Coordinator of JSS AHER briefed about the activities of NSS day & Golden Jubilee celebration and also announced the winners of various events & Best University NSS volunteers for the year 2018-19.



University Best NSS Volunteers awards for the year 2018-19 were given and the winners were as given below-

NSS Unit	Best Male Volunteer	Best Female Volunteers
JSS Medical College, Mysuru	Mr. Prabhat Ranjan	Ms. Nikitha Nallathambi
JSS Dental College and Hospital, Mysuru	Mr. Muzammil Nawaz	Ms. Rochana Mahesh
JSS College of Pharmacy, Mysuru	Muhammed Arfath	Ms. Lakshmi Chowdary
JSS College of Pharmacy, Ooty	Mr. M. Vignesh	Ms. Kavya Shree
University Dept. JSS AHER, Mysuru	Mr. Chandan C	Ms. Navya Taj MP.

Various activities were organized from 20th to 24th Sep 2019, **ESSAY WRITING COMPETITION** of the topic of ‘**Problem caused by the plastic bags**’ was held on 20th Sep 2019 at JSS College of Pharmacy, Mysuru. On the same day, in the afternoon **DRAWING COMPETITION** on the theme “**Nature, Calamity and Service**” was held at Faculty of Life Sciences campus, JSS AHER. Short film competition was held on 23rd Sep 2019 based on the theme of “**Water Resources Management**” and event was organized by NSS Unit of JSS Medical College, Mysuru.

The winners in the above competitions were given the prizes and certificates in the above function. A rally was organized on 21st Sep 2019 to create awareness about menace of use of **SINGLE USE PLASTIC** from 9 am to 12 noon. Rally was inaugurated by Dr. P. A. Kushalappa, Director, Academics, JSS AHER, Mysuru in the presence of Dr. T. M. Pramodkumar, Dean, Faculty of Pharmacy and Principal JSS College of Pharmacy, Mysuru, Dr. Ravindra S, Principal, JSS Dental College and Hospital, Mysuru, Dr. P K Kulkarni, Vice Principal, JSS College of Pharmacy, Mysuru, Dr. K L. Krishna, NSS Program Coordinator, JSS AHER and NSS Program Officers of all constituent colleges. The rally was started from the JSS College of Pharmacy, Mysuru premise and return to the same place via, JSS Medical College premises, Hanumanthanagara, Highway Circle, LIC, Bannimantap and St. Joseph’s Hospital. About 400 plus NSS volunteers are participating in the rally. A human circle was framed at JSS AHER premise to create awareness about the menace of use of single use plastic



Sunday, 22nd Sep 2019 from morning 7 to 10 am a **Health screening camp** for the residents of Chamundi Hill as well as **morning walkers** was arranged. Health checkup for **Blood pressure, diabetes and Body Mass Index** was done for free of cost for more than 200 patients. The **Health screening camp** is organized in association with Dept. of Pharmacy Practice, JSS College of Pharmacy. Along with Health screening camp, **Free Dental Checkup and Treatment** camp also was organized in association with doctors of JSS Dental College and Hospital, Mysuru. About 100 patients were screened and given required treatment. For the first time, with the help of Nutrition Department, **Nutritional Checkup** and advice camp was also organised and about 100 individuals were given the nutritional suggestions and advise.

The activities were coordinated by Dr. Thippeswamy H M, NSS PO of JSS Dental College and Hospital and Dr. K L. Krishna, NSS Program Coordinator, JSS AHER, Mysuru







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JSS Dental College and Hospital

NSS Annual Camp 2020 At Pillahalli, Mysuru District.

NSS Annual special Camp was held from 24th Feb to 1st March 2020 at Pillahalli, Mysuru District. Various activities like regular health check up, Dental awareness and screening were conducted. Students and villagers utilized the services offered.





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